

VIEWBOOK



UNDERGRADUATE STUDIES

BE THE FACE OF CHANGE



UNIVERSITÉ
SAINT-PAUL
UNIVERSITY

ustpaul.ca

Ottawa | Canada

WELCOME TO SPU

HUMAN. OPEN. ENGAGED. SPIRITUAL.

Saint Paul University, founded in 1848, was the first post-secondary institution in Ottawa.

More than a university specializing in the human and social sciences, SPU is a community.

**OUR GOAL: GUIDING TRANSFORMATION TOGETHER
TO BUILD A MORE HUMANE AND MORE JUST
SOCIETY ON A GLOBAL SCALE.**



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WANT TO TAKE ACTION
AND CHANGE THE WORLD?

YOU BELONG AT SPU

THE SAINT PAUL UNIVERSITY EXPERIENCE

PROUD OF
BEING DIFFERENT.

ACADEMIC EXCELLENCE

Through teaching as well as research, our commitment to excellence is embodied in our relevant programs that are focused on today's social issues. Our graduates are equipped to meet challenges and find innovative and humane solutions in all sectors.

A SMART INVESTMENT = 2 DIPLOMAS IN LESS TIME!

At SPU, we offer unique transfer agreements that allow you to earn two diplomas in less time, accelerating your path to the job market. Plus, our college credits recognition program helps you move ahead faster with the qualifications you need.

Did you know that we also offer some of the most competitive tuition fees in Ontario?

This makes our program an even more attractive choice for students looking to advance their careers quickly and affordably.

GREEN SPACE

Located in the heart of Ottawa, a stone's throw from the Rideau River and the Rideau Canal, SPU is surrounded by greenery and small eco-friendly businesses. Our smoke-free campus is also home to a community garden and an organic café.

HUMAN SCALE

Our approach is human-centred. We offer interactive teaching as well as access to professors and support staff that is second to none. The idea is to create a personalized university experience that fosters success.

BILINGUALISM AND DIVERSITY

SPU offers programs and services in both English and French, and approximately 30% of our students are from abroad. With 50% of our students being Anglophone, everyone has the opportunity to study in the official language of their choice and broaden their cultural horizons.

ADDED VALUE

Our concern for social justice, combined with our intellectual tradition, guides our thinking about the human condition and our plan for social transformation.

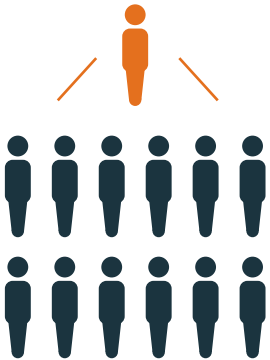
WHY CHOOSE SPU?

ITS STUDENT
SATISFACTION
RATE OF

92%*

12

STUDENTS PER
PROFESSOR,
ON AVERAGE



OTTAWA: ONE OF THE
TOP CITIES IN THE
WORLD TO STUDY!

APPROXIMATELY

\$1 MILLION IN SCHOLARSHIPS
EVERY YEAR

On average,

\$1,000

less for tuition **per year**
than at other Ontario
post-secondary institutions

ITS PROGRAMS
OFFERED IN ENGLISH
AND FRENCH

✓ **ENGLISH**

✓ **FRENCH**

ITS PROGRAMS SPECIALIZING
IN HUMAN AND SOCIAL SCIENCES



40
MINORS available at
the University
of Ottawa**



* According to the 2023 National Survey of Student Engagement,
92% of graduating students rated their SPU experience as “good” or “excellent.”

** For more information: ustpaul.ca/minors-uOttawa

STUDY IN OTTAWA

Ottawa: A City That Nurtures Education, Career, and Culture

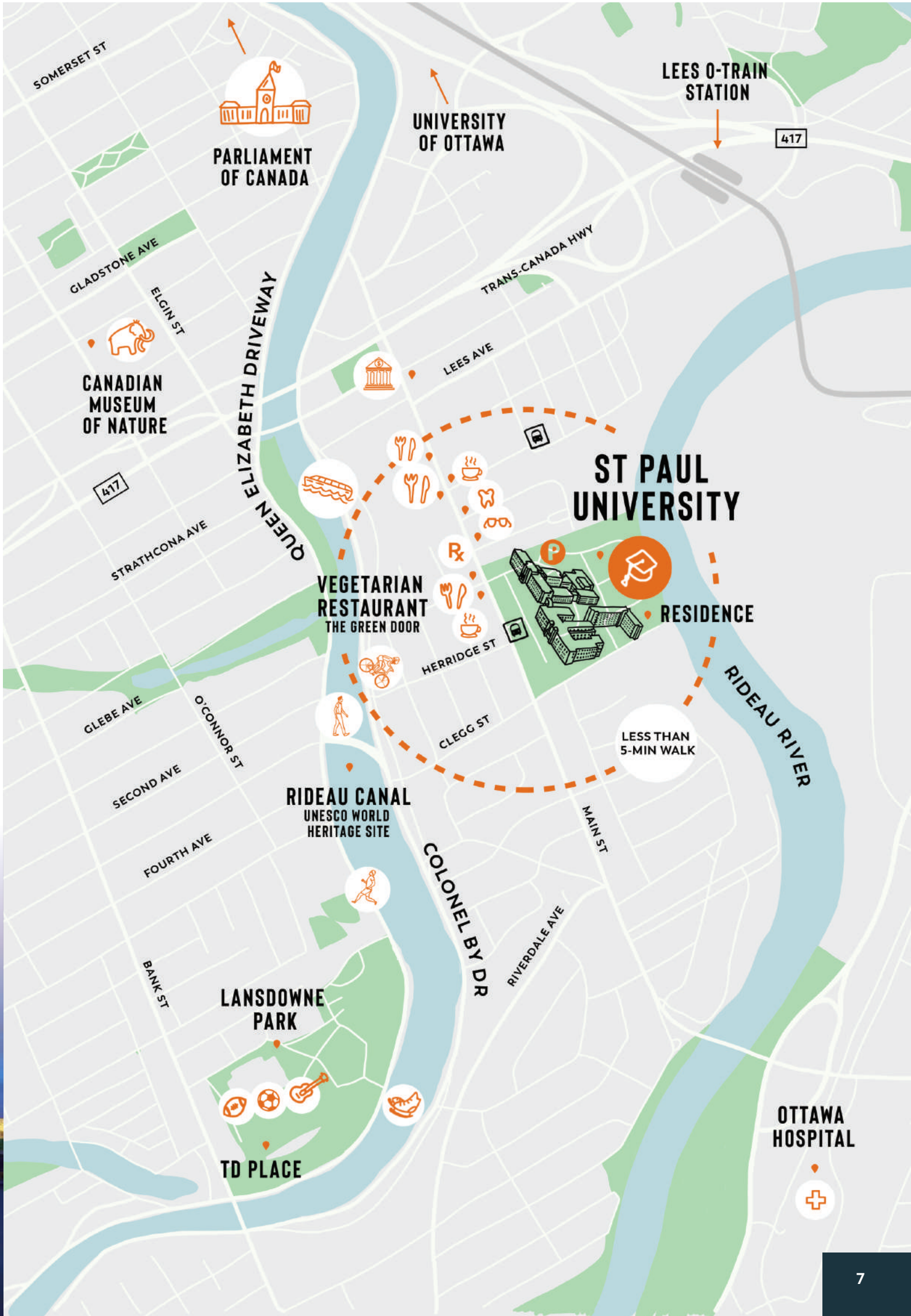
Ottawa, the **vibrant capital** of Canada, is **a city built for students** who seek not only academic excellence but also personal growth and professional success. The beauty of the city, paired with its diverse cultural offerings, makes it the perfect backdrop for your studies at Saint Paul University.

Whether it's the historic charm of the Byward Market or the awe-inspiring views of the Gatineau Park, **Ottawa's natural and cultural landscapes** offer endless opportunities for discovery. As a student here, you can take advantage of the many outdoor activities and cultural events that make this city a unique place to live and study.

Ottawa is also **a city of opportunity, with countless career paths** open in government, technology, and the arts. Thanks to its strong academic and professional networks, Ottawa offers you the chance to gain hands-on experience while building meaningful connections.

As a **bilingual city**, Ottawa's diverse population ensures you'll immerse yourself in an environment that values cultural exchange and offers an edge in the global workforce. This is a city where you'll find the support, resources, and opportunities to turn your dreams into reality.





SCHOOL OF SOCIAL COMMUNICATION

How is it possible to determine fact from fiction in an age of disinformation and misinformation? When political norms can be disrupted by a single tweet, how can we use media to make sense of reality? How can we contextualize the media we create and consume to understand its power to initiate change?

FIND YOUR VOICE.
CREATE CONNECTIONS.

“

One of the most rewarding aspects of my experience here has been the focus on soft skills and community building. Through my courses and involvement in campus life, I've developed invaluable communication skills, empathy, and collaboration—all of which have shaped me into a better storyteller and human being.

**Jimena
Yengle**

Student, Honours B.A. in Social
Communication

STUDYING SOCIAL COMMUNICATION IS ABOUT:

- Acquiring the communication tools and skills to prepare yourself to become an agent of change in the world
- Analyzing cultural, economic, environmental, political, technological and sociological impacts of modern human communication
- Navigating the complex landscape of personal, political and corporate communications

SKILLS

- Determine the importance of contextual nuance and framing in communication
- Understand the power of media, especially social media, to influence social norms and change people's behaviour
- Assess the veracity of information in an era of mass-disinformation

CAREERS

- Advocacy, government or NGO media coordinator
- Media or public relations specialist
- Policy or media research analyst
- Social media content strategist
- Technical writer
- Web content coordinator

UNDERGRADUATE PROGRAMS

- Certificate in Social Communication
- Honours B.A. in Social Communication
- Honours B.A. with Major in Social Communication

SOME COURSES IN THIS AREA OF STUDY

- Introduction to New Media
- Social Marketing
- Public Relations
- Strategic Communication Tools
- Electronic Journalism
- Psycho Sociology of Mass Communication

THE SCHOOL OF

ETHICS AND PUBLIC AFFAIRS

Is it ethical to replace human workers with AI and automation, leading to unemployment, even if it increases efficiency and productivity? Is it ethical for social media platforms to collect personal data to target users with ads or political content, potentially manipulating their choices? These contemporary issues involve ethical dilemmas.

TAKE A STAND.
FIND THE SOLUTION.



STUDYING ETHICS AND PUBLIC AFFAIRS IS ABOUT:

- Deconstructing and understanding moral judgments
- Looking critically at the morality of policies, laws and rules that govern how we live together
- Finding ways to enhance the common good in a spirit of social justice

SKILLS

- Analyze complex political issues
- Find solutions to ethical problems
- Recommend social inclusion strategies
- Look critically and constructively at major issues in society

CAREERS

- Humanitarian affairs officer for an international organization
- Ethics adviser for a city council
- Hospital ethicist
- Gender equality adviser for a federal department
- Possibility to study law

UNDERGRADUATE PROGRAMS

- Certificate in Ethics and Contemporary Social Issues
- Honours B.A. in Ethics and Contemporary Social Issues
- Honours B.A. with Major in Ethics and Contemporary Social Issues

SOME COURSES IN THIS AREA OF STUDY

- Environmental and Animal Ethics
- Ethics, Immigration and Multiculturalism
- Feminist Ethics
- Ethics, AI and Big Data

THINKING OF CONTINUING YOUR STUDIES?

- The School of Ethics and Public Affairs also offers graduate programs.

FACULTY OF THEOLOGY

Faith influences and informs many practical aspects of life, so why not seek to understand it better? It can change your life and may even change your world.

How can we forge links between faith and knowledge?

Why is the world the way it is? What can we do to make it better?

What makes life meaningful (or meaningless)? How can I find what is good, find fulfillment in life and make a unique gift to society?

Can we speak rationally about God?

ENGAGE IN DIALOGUE.
ELEVATE YOUR MIND.

DISTINGUISH YOURSELF.

A major with the Faculty of Theology is designed to complement studies in many other fields and can set you apart in a highly competitive job market.

STUDYING THEOLOGY IS ABOUT:

- Understanding in practical ways how everything in life is connected, including ethics, faith and social justice
- Discovering the basic factors that make the world the way it is, and how to make it better
- Acquiring the tools you need to live and work with integrity, creativity and insight

SKILLS

- Know how to discover what is good in difficult situations, even the most hopeless
- Know yourself and learn to think ethically, especially in the face of conflict, ambiguity and complexity
- Relate faith and life in practical, unexpected and world-changing ways

CAREERS

Studying in theology provides students with the creative and critical thinking skills required to pursue careers in:

- Education
- Community services
- Humanitarian projects
- Spiritual leadership
- Public service

UNDERGRADUATE PROGRAMS

- Certificate in Theology
- Honours B.A. with Major in Faith, Ethics and Justice

SOME COURSES IN THIS AREA OF STUDY

- What Is Truth?
- The Ethics of Medicine, Sickness and Health
- Liturgy and Experience
- Freedom, Law and Justice

THINKING OF CONTINUING YOUR STUDIES?

- The Faculty of Theology also offers graduate programs.

SCHOOL OF

LEADERSHIP, ECOLOGY AND EQUITY

How can we integrate ecological sustainability and social equity to foster resilient communities and positive change?

In what ways can indigenous knowledge and citizen-led initiatives inspire hope and action in addressing environmental challenges?

How can leadership foster collaboration to drive positive social and environmental change across diverse communities?

LEADING INTO THE FUTURE:
GREEN, JUST AND HOPEFUL



STUDYING LEADERSHIP, ECOLOGY AND EQUITY IS ABOUT:

- Understanding ecology, climate and social justice
- Transforming ecological and social inequities
- Learning decolonizing and regenerative methodologies
- Integrating diverse ways of knowing for positive change

SKILLS

- Understand ecological literacy and the interconnections between human and environmental systems
- Foster equity, diversity, and inclusion through thoughtful, intersectional analyses
- Advocate for nonviolent social change and peaceful resolution of conflicts
- Design and lead community-based initiatives with a focus on social, environmental and economic justice

CAREERS

- Sustainability coordinator
- Environmental educator
- Environmental leadership and communication
- Climate and eco-justice activist
- Public service

UNDERGRADUATE PROGRAMS

- Certificate in Leadership, Ecology and Equity
- Honours B.A. in Leadership, Ecology and Equity
- Honours B.A. with Major in Leadership, Ecology and Equity

SOME COURSES IN THIS AREA OF STUDY

- Approaches to Social and Ecological Issues
- Transformative Leadership and Theories of Change
- Social Justice
- Ecofeminism

THINKING OF CONTINUING YOUR STUDIES?

- The School of Leadership, Ecology and Equity also offers graduate programs.

THE ÉLISABETH-BRUYÈRE
SCHOOL OF
SOCIAL INNOVATION

Are you someone who is engaged and likes action? Do you want to do your part to change the world? Are you looking for a university experience – the only one of its kind in Canada – that is geared to transforming society?

**PROMOTE EQUALITY.
PROPEL CHANGE.**

By registering in the Élisabeth-Bruyère School of Social Innovation, you automatically become a member of the Mauril-Bélanger Social Innovation Workshop!

“

At SPU, I was able to put my knowledge to good use and also practice what I was learning. In my social innovation program, my relationship with my professors didn't stop in the classroom, but thanks to the innovation workshop (Atelier), I was able to get their support in carrying out my projects.

**Vanessa
Murengera**

Student, Honours B.A. in
Social Innovation



STUDYING SOCIAL INNOVATION IS ABOUT:

- Developing solutions to social problems in various sectors (housing, health, the fight against poverty, exclusion and discrimination)
- Mastering tools and methods that make organizations more democratic and more just
- Examining different forms of collective action from the perspective of the human sciences and management

SKILLS

- Understand a social problem that neither the state nor the market can address on its own, suggest a concrete solution and test the proposed solution on the ground
- Launch the project, track it and measure the results
- Design, implement and conclude your own social innovation project

CAREERS

- Self-employed by a personal project
- Director of a not-for-profit organization
- Project manager
- Community organizer

UNDERGRADUATE PROGRAMS

- Certificate in Social Innovation
- Honours B.A. in Social Innovation

SOME COURSES IN THIS AREA OF STUDY

- Management, Administration and Social Innovation
- Anti-Racist and Anti-Colonial Movements
- Ecology and Environmental Justice
- Mobilization, Framing and Communication

THINKING OF CONTINUING YOUR STUDIES?

- The Élisabeth-Bruyère School of Social Innovation also offers graduate programs

SCHOOL OF

COUNSELLING, PSYCHOTHERAPY AND SPIRITUALITY

How should we go about getting others to open up to us?
How can we identify difficult situations and which solutions to bring to them?
How can we understand the complexity of the human spirit?

LISTEN.
SHARE.
GROW.



STUDYING HUMAN RELATIONS AND SPIRITUALITY IS ABOUT:

- Learning to master interpersonal communication and intervention techniques
- Becoming familiar with the development of the human spirit based on the culture of each person
- Exploring the different aspects of individual and collective behaviour

SKILLS

- Assess a situation (familial, organizational or other) and suggest how to approach it
- Directly support a specific group (couples, migrant workers, organizations, students, Indigenous women, single parents) and guide them to the appropriate resources
- Identify situations that could lead to suicide, addiction, prostitution, dropping out of school or delinquency

CAREERS

- Youth counsellor in a mental health services centre
- Community response officer in a school
- Safety and wellness manager for a humanitarian organization
- On-site facilitator in a centre for people with addictions

UNDERGRADUATE PROGRAMS

- Certificate in Human Relations and Spirituality
- Honours B.A. in Human Relations and Spirituality
- Honours B.A. with Major in Human Relations and Spirituality

SOME COURSES IN THIS AREA OF STUDY

- Perspectives on Psycho-Social Human Behaviour
- Theories of Personality
- Psychology of Spiritual Experience
- Cultural Diversity and Religious Pluralism

THINKING OF CONTINUING YOUR STUDIES?

- Saint Paul University's School of Counselling, Psychotherapy, and Spirituality offers graduate programs, allowing you to continue your studies. Plus, our Counselling and Psychotherapy Centre on campus gives students the unique opportunity to work with real clients, under the supervision of experienced clinical supervisors!

SCHOOL OF

CONFLICT STUDIES

Are you empathetic?
Do you have good analytical skills?
Are you a critical thinker?
Are you good at solving complex problems?

**BUILD CONFIDENCE.
BUILD PEACE.**



STUDYING CONFLICT STUDIES IS ABOUT:

- Exploring conflicts at different levels (local, national and international)
- Addressing the political, psychological and social aspects of conflicts
- Learning the fundamentals of active listening, negotiation and mediation

SKILLS

- Analyze the cause and evolution of conflicts
- Act as a third party in labour disputes, as well as within various organizations and communities
- Develop intervention strategies and support parties in resolving a conflict

CAREERS

- Arbitrator in conflict management and resolution in a large organization
- International programs officer in a peace-building organization
- Labour relations adviser for a Crown corporation
- Grievance and arbitration analyst in a professional association
- Community organizer

UNDERGRADUATE PROGRAMS

- Certificate in Conflict Resolution
- Honours B.A. in Conflict Studies
- Honours B.A. with Major in Conflict Studies

SOME COURSES IN THIS AREA OF STUDY

- Causes and Dynamics of International Conflicts
- Peaceful Resolution of Violent Conflict
- Political Conflicts and Their Resolution
- Mediation

THINKING OF CONTINUING YOUR STUDIES?

- Saint Paul University's School of Conflict Studies offers graduate programs and has a Centre for Informal Dispute Resolution (CIDR) on campus. This centre provides students with hands-on training in mediation, negotiation, and conflict resolution, preparing them for careers in organizations, law firms, or as independent practitioners!

WHICH B.A. MEETS YOUR NEEDS?

HONOURS B.A.

The Honours B.A. is a degree conferred upon completion of 120 units in a program of study that includes 60 units in a particular discipline.

1 CONFLICT STUDIES

2 ETHICS AND CONTEMPORARY SOCIAL ISSUES

3 HUMAN RELATIONS AND SPIRITUALITY

4 LEADERSHIP, ECOLOGY AND EQUITY

5 SOCIAL COMMUNICATION

6 SOCIAL INNOVATION

ARE YOU HAVING
TROUBLE DECIDING
BETWEEN TWO
PROGRAMS?

WE HAVE THE
SOLUTION FOR YOU!

Choose one of the six Honours Bachelor of Arts degrees in one of the disciplines and, if you like, combine it with a minor in another discipline!



COMPLETE A MINOR AT THE UNIVERSITY OF OTTAWA

Choose from available minors at the University of Ottawa including Law, History, Languages, Geography, Environmental Studies and more.

Visit ustpaul.ca/minors-uOttawa for details.



UNIVERSITÉ
SAINT-PAUL
UNIVERSITY

HONOURS B.A. WITH MAJOR

The Honours B.A. with Major is a degree conferred upon completion of 120 units in a program of study that includes 42 units in a particular discipline. The student must add a major or a minor of 30 units to this B.A.

STEP 1: Choose your major

	1	CONFLICT STUDIES
	2	ETHICS AND CONTEMPORARY SOCIAL ISSUES
	3	FAITH, ETHICS AND JUSTICE
	4	HUMAN RELATIONS AND SPIRITUALITY
	5	LEADERSHIP, ECOLOGY AND EQUITY
	6	SOCIAL COMMUNICATION

STEP 2: Combine this program with a major or a minor. Here are the different options

MINORS/MAJORS

		1	2	3	4	5	6	7
+	CONFLICT STUDIES	N.A.	✓	✓	✓	✓	✓	✓
+	ETHICS AND CONTEMPORARY SOCIAL ISSUES	✓	N.A.	✓	✓	✓	✓	✓
+	MAJOR IN FAITH, ETHICS AND JUSTICE MINOR IN THEOLOGY	✓	✓	N.A.	✓	✓	✓	✓
+	HUMAN RELATIONS AND SPIRITUALITY	✓	✓	✓	N.A.	✓	✓	✓
+	LEADERSHIP, ECOLOGY AND EQUITY	✓	✓	✓	✓	N.A.	✓	✓
+	SOCIAL COMMUNICATION	✓	✓	✓	✓	✓	N.A.	✓
+	SOCIAL INNOVATION (minor only)	✓	✓	✓	✓	✓	✓	N.A.
+	MINORS AT uOTTAWA	✓	✓	✓	✓	✓	✓	✓

The University reserves the right to change the degree combinations displayed on this page.

SERVICES AT SPU

JEAN-LÉON ALLIE LIBRARY AND ARCHIVES

SPU's premier research and workspace, offering a dynamic learning commons that brings together a variety of services, including:

- **Writing Centre**
- **Counselling**
- **Fun activities and workshops throughout the year for students (with regular events such as puppy therapy, film screenings, etc.)**
- **The largest collection of theological rare books dating back to the 15th century.**

Each student is assigned a librarian to support them with their research and academic success.

THE BEST OF BOTH WORLDS

Saint Paul University students have access to a variety of services and opportunities through its partnership with the University of Ottawa, including:

- The ability to take courses at the University of Ottawa
- Access to uOttawa's health services (walk-in clinic, physiotherapy and massage therapy, immunizations, mental health services, and more)
- Student Academic Success Service
- Access to uOttawa's sports facilities
- Use of uOttawa's library
- Intercampus shuttle for easy travel between campuses
- Opportunity to join uOttawa sports teams (Go Gee-Gees Go!)



THE **JEAN-LÉON ALLIE LIBRARY** OFFERS COLLABORATIVE SPACES, INDIVIDUAL STUDY ROOMS, 1.5 MILLION ELECTRONIC PUBLICATIONS AND SOME 30,000 RARE BOOKS.



INDIGENOUS INITIATIVES SERVICE

The Service works to create a safe and appropriate space to support Indigenous students (First Nations [status and non-status], Métis and Inuit) throughout their academic journey. To stay up to date with the latest news, be sure to visit ustpaul.ca/en/indigenous-initiatives.



CAFÉ URBAN

It's all fresh! SPU is the only university in the region that exclusively offers healthy fare prepared on site using unprocessed ingredients. Our chef even stocks up in our community garden. Locavores, grab your forks!



THE OASIS

Welcome, serve and celebrate: these are the fundamental values of Pastoral Services. The Oasis offers a range of activities: yoga, music, collective kitchen, spiritual support, volunteer activities, liturgical celebrations and more. There is even a quiet room for silent reflection.



RESIDENCE

The campus residence includes 77 bright and fully furnished suites. To learn more or to take a virtual tour, visit saintpaulresidence.ca.



OPEN TO THE WORLD

Explore the global dimensions of Saint Paul University through program content, yearly celebrations, meaningful interactions among students and staff as well as exciting opportunities abroad.

JOIN MULTICULTURAL EVENTS AND ENCOUNTERS

STUDENTS – When you study at SPU, you open yourself up to the world. International students make up around 30% of the University’s student population. They come from more than 60 different countries.



ENGAGE WITH INTERNATIONALLY RENOWNED RESEARCH AND PROFESSORS

RESEARCH – SPU offers a robust research environment with eight research centers, four research chairs, and numerous research groups. The university’s research spans various fields.

PROFESSORS – Learn global perspectives from our outstanding scholars



Moda Dieng, Senegalese professor in the School of Conflict Studies specialized in peacebuilding and diplomacy research.



Ramón Martínez De Pisón, Spanish Professor in the School of Counselling, Psychotherapy and Spirituality, specialized in spiritual anthropology research.



Aliaa Dakroury, Egyptian professor in the School of Social Communication specializing in communication rights research.



INTERNATIONAL OFFICE

PARTICIPATE IN A STUDENT EXCHANGE

**Go global – take your study
experience abroad.**

Where do you want to go?

Choose from dozens of our partner universities located all over the world! Immerse yourself in an exciting new learning environment for one or two terms.

We help you pay for it!

Students participating in a student exchange receive a \$1,000 scholarship for one term or a \$1,500 scholarship for two terms.

Courses abroad count towards your program at SPU.

The courses taken abroad are approved prior to departure by your academic advisor to ensure transferability to your degree program at Saint Paul University.

“

There's nothing like an international exchange program to meet new people, travel, get to know a culture and deepen your understanding! It will be a significant asset for my career.

**Joa Bertille
Kaneza**

Graduate of the Honours B.A. in
Conflict Studies, who spent a term at
Université catholique de Lyon, France



SUPPORT FOR INTERNATIONAL STUDENTS

Contact the International Office to learn more about financial information, admission requirements, housing options, immigration information, additional support and more.

international@ustpaul.ca

ACADEMIC SUCCESS OFFICE

LEARNING THROUGH EXPERIENCE

Students can participate in internships as part of their undergraduate program.

The Academic Success Office assists students with

- Preparing for an internship
- Finding internship sites
- Facilitating partnerships with organizations

CAREER SERVICES

SPU students also have access to a number of services to help them develop a competitive edge as they enter the workforce, including

- Individual career consultations
- Professional development workshops (e.g., writing a CV, networking and interview skills)
- Career fairs
- Employer presentations
- Mentorship opportunities



LET'S TALK MONEY

ADMISSION SCHOLARSHIPS

Q. Who can get a scholarship?

A. Canadian citizens, permanent residents and international students coming from a recognized high school or college.

Q. What kinds of scholarships are offered?

A. Students can benefit from admission scholarships, excellence scholarships, external scholarships, travel grants and much more!

Visit ustpaul.ca/scholarships for more information.

HOW MUCH DOES IT COST?

We may not have a huge campus or a football team, but we offer what matters: a quality education and tuition fees that are among the most competitive in Ontario.

SEVERAL FACTORS WILL AFFECT THE COST OF YOUR STUDIES:

- Your status (full-time or part-time)
- Your program
- Your legal status in Canada

For more information, visit

ustpaul.ca/tuition-fees

PAY FOR YOUR STUDIES

Did you know that by registering at SPU as a permanent resident or Canadian citizen, you may be eligible for loans and scholarships? Check it out: you have nothing to lose!

- Ontario Student Assistance Program (OSAP)
- Quebec Loans and Bursaries Program (AFE)
- Student Financial Assistance – Government of Canada



Saint Paul University offers approximately
\$1,000,000 in scholarships every year.

Find out how you can benefit at ustpaul.ca/scholarships

ADMISSION REQUIREMENTS

HIGH SCHOOL STUDENTS

ONTARIO

- Have an Ontario Secondary School Diploma (OSSD) with at least six 4U, 4M or DU-level courses, including one course in English or Français at the 4U-level.
- Have an average of at least 70%.

QUEBEC

- Have a Secondary School Diploma (DES) with an average of 82%, including a minimum of five fifth-year secondary courses, including at least one Français or English course.

OTHER PROVINCES

- Have a Secondary School Diploma (DES) with an average of 70%, including a minimum of five fifth-year secondary courses, including at least one Français or English course.

INTERNATIONAL STUDENT

- Have a diploma attesting to 12 years of education equivalent to the OSSD.
- Pass a language proficiency test, if required.

If you need more information about the admission requirements for international students, contact the International Office at international@ustpaul.ca

INTERNATIONAL BACCALAUREAT (IB) DIPLOMA AND ADVANCED PLACEMENT (AP) COURSES

IB DIPLOMA

CONDITIONS:

- You have successfully completed six subjects (including prerequisites for your chosen university program), of which at least three are standard level and three are higher level.
- You have a minimum average of 29 points.
- Please note that any additional points obtained do not count towards your average.

TRANSFER CREDITS:

- We will consider the possibility of granting you transfer credits for your successfully completed higher-level courses. The transfer credits you receive depend on the program of study to which you have been admitted.
- Transfer credits are only given for upper-level courses, and these credits can only count as electives at Saint Paul University.

AP COURSES

You must have successfully completed the College Board examination with a minimum mark of 4 for each course to be considered for advanced standing.

COLLEGE STUDENTS

STUDENT FROM AN ONTARIO COLLEGE OF APPLIED ARTS AND TECHNOLOGY (CAAT)

CONDITIONS:

- Have done one year of studies at a CAAT.
- Have an OSSD with one language course (English or Français) at the college or 4U level.

EQUIVALENCIES:

Thanks to our transfer agreements, if you have studied for two or three years at a CAAT, you can obtain 30 units, perhaps up to 60 units, and complete your B.A. in two years.

Visit ustpaul.ca/en/transfer-agreements

STUDENT FROM ANOTHER CANADIAN PROVINCE OR TERRITORY OR FROM ABROAD

We will review your application based on your previous secondary and post-secondary studies.

EQUIVALENCIES:

Depending on your previous studies and the program selected, you could receive some units.

CEGEP STUDENT

CONDITIONS:

- Have completed 12 courses of general studies (excluding physical education and refresher courses), including one course in English (603) or Français (601).

EQUIVALENCIES:

Thanks to our transfer agreements, you can obtain up to 30 units, and even up to 60 units, and therefore finish your B.A. in two years.

MATURE APPLICANTS

If your application does not meet the admission criteria, you can apply as a mature applicant.

CONDITIONS:

- Have not been enrolled in full-time studies for at least two consecutive years
- Have experience that is considered sufficient preparation for pursuing undergraduate studies

COLLEGE TRANSFER AGREEMENTS

APPLY YOUR CREDITS TO YOUR UNDERGRADUATE PROGRAM AND EARN YOUR B.A. IN LESS TIME!

SPU currently has transfer agreements
with the following institutions:

- Algonquin College
- La Cité
- Augustine College
- Cégep de l'Outaouais
- Cégep du Vieux Montréal
- Collège Boréal
- Collège communautaire du
Nouveau-Brunswick
- Collège Universel – Campus Gatineau
- Heritage College
- St. Lawrence College
- And more to come!

For more information, visit
ustpaul.ca/en/transfer-agreements

The list of partners and agreements
is subject to change.

“

*When I graduated from college,
I began my studies at Saint Paul
University in September of the
same year. Almost a school year has
passed and I can't believe I'm going
to graduate next year!*

*In addition to loving my program,
SPU has given me the opportunity
to add value to my college diploma.*

**Christelle
Mukunda**

3rd year student in the Honours
B.A. in Conflict Studies

ADMISSION STEPS

CHOOSE YOUR PROGRAM OF STUDY

- 1. Make sure you meet the admission criteria
- 2. Check the admission deadlines
- 3. Submit your application

ARE YOU APPLYING EXCLUSIVELY TO SPU?

Complete the form at ustpaul.ca/apply

ARE YOU APPLYING TO MORE THAN ONE ONTARIO UNIVERSITY?

Complete the Ontario Universities' Application Centre (OUAC) application form at ouac.on.ca

IMPORTANT: Because Saint Paul University is federated with the University of Ottawa, you will find the programs offered at SPU in the University of Ottawa section of the OUAC website.

WE ARE HERE TO HELP YOU!

Our team is here to support prospective students with a variety of options: Online and in-person meetings to discuss the programs that interest you.

Campus tours available upon request:

WHEN: Monday to Friday, between 9:00 a.m. and 3:00 p.m., all year long (except for statutory holidays).

ustpaul.ca/en/contact/

FALL OPEN HOUSE

Come explore our campus, interact with professors and services, and discover what Saint Paul University has to offer.

LET'S KEEP IN TOUCH!

recrutement-recruitment@ustpaul.ca
613-236-1393 / toll-free: 1-800-637-6859

GRADUATE STUDIES

DID YOU KNOW...

APPROXIMATELY
40% OF OUR ALUMNI
GO ON TO PURSUE
GRADUATE STUDIES
AT SPU.

With more than 20 graduate programs offered, there are a variety of options to research, explore ideas and expand your knowledge.

ALUMNI AND DEVELOPMENT OFFICE

THE PERKS DON'T END WITH GRADUATION!

SPU Alumni have access to a number of benefits, including

- Access to SPU's alumni network —
- Discounts on home and auto insurance —
- Ongoing access to the Jean-Léon Allie Library and Archives —
- And more! —

To learn more about what it means to be an SPU alumni, visit ustpaul.ca/en/alumni.





The information in this guide is accurate as of July 1, 2025. Saint Paul University reserves the right to change program details and requirements without notice.