

APA STYLE, 7TH EDITION
CITATIONS AND REFERENCES: EXAMPLES OF COMMON SOURCES

*This handout is a **summary** of current APA citation guidelines. With it, we aim to answer the questions most frequently asked by Saint Paul University students. We have also included examples of the types of sources most used by students. However, this handout cannot address all citation matters, and in no way does it replace the guidance provided in the Publication Manual of the American Psychological Association, 7th ed. For further examples and more comprehensive explanations, please consult the guidelines in the Manual or on the [APA website](#).*

General format of in-text citations is as follows: (last name of author, year of publication). You can also use the author's name in your sentence, immediately followed by the year of publication in parentheses. Examples of both types of in-text citations are provided throughout this handout.

Example: (Lowery & Burrow, 2019) *or* Lowery and Burrow (2019)

For direct quotations, **add the page number** after the year of publication: (Gagné, 2020, p. 19)

Important notes

- Each in-text citation must have a **corresponding reference list entry**.
- Place the section label **References** centered and in bold at the top of a new page.
- Arrange the reference list entries in **alphabetical order** by author.
- Reference list entries have a **hanging indent** of 0.5 in. (i.e., the first line is flush with the left margin; all subsequent lines are indented 0.5 in from the left margin).
- **Double-space** the reference list (**within** and **between** entries).
- If no publication date is provided, write “n.d.” (for “no date”) in place of the year.
- A **DOI is preferable** to a URL. If a source has both, include only the DOI; a URL is acceptable when no DOI is provided.
- If a source has **three or more authors** (up to 20):
 - In the citation: Name the first author only and use “et al.”
 - In the reference: Name all authors.
- In the reference list, **titles of articles, chapters, books, webpages, and reports are capitalized using sentence case**. This means that:
 - Most words are lowercase.
 - **You capitalize only the following**: the first word of the title; the first word of a subtitle; the first word after a colon or em dash; proper nouns.
 - Since titles are generally capitalized using title case (where most major words are capitalized), **you will have to change this manually**. If using a citation tool, always double-check the capitalization of titles.
 - Notice that the names of periodicals (journals, newspapers, magazines, blogs) are **exempted** from this; they are capitalized using title case. **Use the name as it appears on the source; do not make changes.**

In this handout:

[Book \(physical or electronic\)](#)
[Chapter of an edited book](#)
[Translated book](#)
[Journal article](#)
[Dictionary or encyclopedia entry \(reference work\)](#)
[News website article](#)
[Online newspaper or magazine article](#)
[Blog post](#)
[Thesis or dissertation](#)
[Government publication or report](#)
[Webpage \(general, institutional, or organizational\)](#)
[Religious work](#)
[PowerPoint slides or other class handout](#)
[Conference proceedings](#)
[Social media content](#)
[YouTube, Vimeo, or other online video](#)

BOOK (PHYSICAL OR ELECTRONIC)

Reference components	First Author Last Name, Initial(s), Second Author Last Name, Initial(s), & Third Author Last Name, Initial(s). (year). <i>Title of book</i> (X nd ed.). Publisher. DOI or URL if available
Reference example	Lee, W. M. L., Blando, J. A., Mizelle, N. D., & Orozco, G. L. (2007). <i>Introduction to multicultural counseling for helping professionals</i> (2 nd ed.). Routledge. https://doi.org/10.4324/9780203941485
In-text citation	(Lee et al., 2007) or Lee et al. (2007)

CHAPTER OF AN EDITED BOOK

Reference components	Chapter Author Last Name, Initial(s). (year). Title of chapter. In Initial(s) Last Name of Editor (Ed.), <i>Title of book</i> (page range of chapter). Publisher. DOI or URL if available
Reference example	Katz, J. J. (1973). The realm of meaning. In G. A. Miller (Ed.), <i>Communication, language, and meaning: Psychological perspectives</i> (pp. 36–48). Basic Books.
In-text citation	(Katz, 1973) or Katz (1973)

TRANSLATED BOOK

Reference components	Author Last Name, Initial(s). (year). <i>Title of book</i> (Initial(s) and Last Name of translator, Trans.). Publisher. (Original work published XXXX)
Reference example	Foucault, M. (2003). <i>The birth of the clinic: An archeology of medical perception</i> (A. M. Sheridan, Trans.). Routledge. (Original work published 1963)
In-text citation	(Foucault, 1963/2003) or Foucault (1963/2003)

JOURNAL ARTICLE

- **DOI is preferred** whenever available (see first example).
- If the article **does not provide a DOI** but does have a **URL that is not part of a database** (e.g., is from the journal's website), include it at the end of the reference (see second example).
- If the article is from an **academic research database** (JSTOR, Project Muse, ATLA, PsycINFO, PubMed, CAIRN, etc.) but **does not have a DOI**: end the reference after the page range; **do not include a URL or the database name** (see third example).
- If the journal article has an article number instead of a page range, include the word "Article" and then the article number where you would normally put the page range (see fourth example).

Reference components	Author Last Name, Initial(s). (year). Title of article. <i>Name of Journal</i> , volume(issue), article page range. DOI
or	Author Last Name, Initial(s). (year). Title of article. <i>Name of Journal</i> , volume(issue), Article XXXXX. DOI

Reference example #1	Lowery, P. G., & Burrow, J. D. (2019). Concentrated disadvantage, racial disparities, and juvenile institutionalization within the context of attribution theory. <i>Criminal Justice Studies</i> , 32(4), 330–355. https://doi.org/10.1080/1478601X.2019.1660964
In-text citation	(Lowery & Burrow, 2019) <i>or</i> Lowery and Burrow (2019)

Reference example #2	Kozembar-Wiklik, M. (2016). Controversial themes in advertisements: On manipulating the emotions of audiences and extending the boundaries of the social 'taboo.' <i>Communication Today</i> , 7(1), 18–31. https://www.communicationtoday.sk/download/12016/KOSZEMBAR-WIKLIK-%25E2%2580%2593-CT-1-2016.pdf
In-text citation	(Kozembar-Wiklik, 2016) <i>or</i> Kozembar-Wiklik (2016)

Reference example #3	Laurenti, C., Lopes, C. E., & Abib, J. A. D. (2020). On usefulness of the useless: Philosophy as the consciousness of scientific knowledge. <i>Behavior and Philosophy</i> , 48, 91–108.
In-text citation	(Laurenti et al., 2020) <i>or</i> Laurenti et al. (2020)

Reference example #4	Liu, Y. (2023). Impact of virtual identities on social media on women's self-esteem. <i>SHS Web of Conferences</i> , 180, Article 02005. https://doi.org/10.1051/shsconf/202318002005
In-text citation	(Liu, 2023) <i>or</i> Liu (2023)

DICTIONARY OR ENCYCLOPEDIA ENTRY (REFERENCE WORK)

Retrieval date is not required, except when the entry page has no date (see first example).

Online with no individual author

Reference components	Title of publication. (date). Entry consulted. In <i>Name of website</i> . Retrieved Month day, year, from URL
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Reference example	Merriam-Webster. (n.d.). Media. In <i>Merriam-Webster.com dictionary</i> . Retrieved January 28, 2022, from https://www.merriam-webster.com/dictionary/media
In-text citation	(Merriam-Webster, n.d.) or Merriam-Webster (n.d.)

Online with author

Reference components	Author Last Name, Initial(s). (year). Entry consulted. In <i>Name of publication</i> . URL
Reference example	Sorell, T. (2023). Thomas Hobbes. In <i>Encyclopedia Britannica</i> . https://www.britannica.com/biography/Thomas-Hobbes
In-text citation	(Sorell, 2023) or Sorell (2023)

Print with no individual author

Reference components	Name of group, institution, or organization responsible for the publication. (year). Entry consulted. In Initial(s) Last Name of Editor(s) (Ed.), <i>Title of reference work</i> (edition, page of entry). Publisher.
or (combine as needed)	Name of group, institution, or organization responsible for the publication. (year). Entry consulted. In <i>Title of reference work</i> (X th ed., page of entry). Publisher.
Reference example	Canadian Oxford Dictionary. (2004). Psychology. In K. Barber (Ed.), <i>Canadian Oxford Dictionary</i> (2 nd ed., p. 408). Oxford University Press.
In-text citation	(Canadian Oxford Dictionary, 2004) or Canadian Oxford Dictionary (2004)

Print with author

Reference components	Author Last Name, Initial(s). (year). Entry consulted. In <i>Title of reference work</i> (page of entry). Publisher.
or (combine as needed)	Author Last Name, Initial(s). (year). Entry consulted. In initial(s) and last name of editor (Ed.), <i>Title of reference work</i> (page of entry). Publisher.
Reference example	Colombo, J. A. (2007). Atheism. In O. O. Espín & J. B. Nickoloff (Eds.), <i>An Introductory Dictionary of Theology and Religious Studies</i> (p. 97). Liturgical Press.
In-text citation	(Colombo, 2007) or Colombo (2007)

NEWS WEBSITE ARTICLE

Use this format for articles from **news websites that do not have associated daily or weekly newspapers**, such as CNN, HuffPost, BBC News, CBC News, Radio-Canada, MSNBC, Vox, etc. These websites are not “traditional” newspapers.

Reference components	Author Last Name, Initial(s). (year, month day). <i>Title of article</i> . Name of website. URL
Reference example	Nicholson, K. (2020, March 9). ‘Barriers’ in Canada’s legal system complicating fight to end domestic violence. CBC News. https://www.cbc.ca/news/barriers-in-canada-s-legal-system-complicating-fight-to-end-domestic-violence-1.5488510
In-text citation	(Nicholson, 2020) or Nicholson (2020)

ONLINE NEWSPAPER OR MAGAZINE ARTICLE

Use this format for articles from **daily newspaper websites**, such as the Ottawa Citizen, The New York Times, Toronto Star, La Presse, The Globe and Mail, The Guardian, Le Devoir, Le Droit, etc., or from **magazine websites**, such as Maclean's, L'actualité, The Atlantic, The New Yorker, Psychology Today, etc.

Reference components	Author Last Name, Initial(s). (year, month day). Title of article. <i>Name of newspaper or magazine</i> . URL
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Reference example #1	Deachman, B. (2020, March 8). Parents march, sing in support of teachers. <i>Ottawa Citizen</i> . https://ottawacitizen.com/news/local-news/parents-march-sing-in-support-of-teachers
In-text citation	(Deachman, 2020) or Deachman (2020)

Reference example #2	Brenner, G. H. (2023, September 5). How to stay true to yourself. <i>Psychology Today</i> . https://www.psychologytoday.com/ca/articles/202309/how-to-stay-true-to-yourself
In-text citation	(Brenner, 2023) or Brenner (2023)

BLOG POST

Reference components	Author Last Name, Initial(s). (year, month day). Title of post. <i>Name of blog/website</i> . URL
Reference example	Kennedy, C. (2022, February 7). 12 contemporary black authors to celebrate. <i>Grammarly</i> . https://www.grammarly.com/blog/black-authors/
In-text citation	(Kennedy, 2022) or Kennedy (2022)

THESIS OR DISSERTATION

Reference components	Author Last Name, Initial(s). (year). <i>Title of thesis or dissertation</i> [type of document, name of university]. Name of platform or archive. DOI or URL
Reference example	Max, A. (2017). <i>The experiences of individuals with psychological disabilities in attending counselling: A phenomenological investigation</i> [Master's thesis, University of Ottawa]. uO Research. https://ruor.uottawa.ca/bitstream/10393/37047/5/Max_Alyssa_2017_thesis.pdf
In-text citation	(Max, 2017) or Max (2017)

GOVERNMENT PUBLICATION OR REPORT

- *There is a wide variety of government publications and reports, and it is impossible to provide examples for all of them here. We are showing you two common examples, but it is possible that your source will not fall into either of those categories.*

- *If that's the case, try either combining them to include as many elements as possible or finding a similar example elsewhere before adapting it by adding or removing elements as you see fit.*

Agency or department as author

Reference components	Name of agency or department. (year). <i>Title of publication</i> (Title of series if available, publication number if available). URL
Reference example	Statistics Canada. (2020). <i>Canada's Black population: Education, labour and resilience</i> (Ethnicity, Language and Immigration Thematic Series, Publication No. 89-657-X2020002). https://www150.statcan.gc.ca/n1/en/pub/89-657-x/89-657-x2020002-eng.pdf?st=v7OEaeqo
In-text citation	(Statistics Canada, 2020) <i>or</i> Statistics Canada (2020)

Individual author

Reference components	Author Last Name, Initial(s). (year). <i>Title of publication</i> (Title of series if available, publication number if available). Name of agency or department. URL
Reference example	Páez Silva, A. A. (2019). <i>The French language in Ontario, 2001 to 2016: Facts and figures</i> (Ethnicity, Language and Immigration Thematic Series, Publication No. 89-657-X2019012). Statistics Canada. https://www150.statcan.gc.ca/n1/pub/89-657-x/89-657-x2019012-eng.pdf
In-text citation	(Páez Silva, 2019) <i>or</i> Páez Silva (2019)

WEBPAGE (GENERAL, INSTITUTIONAL, OR ORGANIZATIONAL)

Reference components	Name of group or organization. (year, month day). <i>Title of webpage or document</i> . URL
Reference example #1	World Health Organization. (2019, December 5). <i>Immunization</i> . https://www.who.int/news-room/facts-in-pictures/detail/immunization
In-text citation	(World Health Organization, 2019) <i>or</i> World Health Organization (2019)
Reference example #2	Saint Paul University. (n.d.). <i>Services</i> . https://ustpaul.ca/en/jean-leon-allie-omi-library-services_474_273.htm
In-text citation	(Saint Paul University, n.d) <i>or</i> Saint Paul University (n.d.)
Reference example #3	United Nations (2007, September 13). <i>United Nations Declaration on the Rights of Indigenous Peoples</i> . https://www.un.org/esa/socdev/unpfii/documents/DRIPS_en.pdf
In-text citation	(United Nations, 2007) <i>or</i> United Nations (2007)

RELIGIOUS WORK

- *Religious works are usually treated as having no author.*

- *The original date of publication of religious and classical works is often unknown or difficult to obtain. Include it only if it is clearly indicated in the version you consulted; otherwise, omit it (see examples below).*
- *There is a wide variety of religious works, and it is impossible to provide examples for all of them here. Therefore, while we are including examples of common religious works and typical reference components, it is possible that your source will not fit perfectly into any of these categories.*
 - *If that is the case, either try combining them to include as many components as possible or finding a similar example elsewhere and adapting it by adding or removing components as you see fit.*
 - *If still in doubt, go back to the basics: a print bible is a book, and an online version is a webpage. You can find examples of these elsewhere in this handout.*

Print

Reference components	<i>Title of work</i> (edition). (year). Publisher. (Original work published XXXX)
or (combine as needed)	<i>Title of work</i> (Initial(s) and Last Name of Translator, Trans.). (year). Publisher.

Reference example #1	<i>Holy Bible: 1611 King James Version</i> (400 th Anniversary Edition). (2011). Zondervan. (Original work published 1611)
In-text citation	(<i>Holy Bible: 1611 King James Version</i> , 1611/2011) or <i>Holy Bible: 1611 King James Version</i> (1611/2011)

Reference example #2	<i>The Holy Bible</i> . (1950). British & Foreign Bible Society.
In-text citation	(<i>The Holy Bible</i> , 1950) or <i>The Holy Bible</i> (1950)

Reference example #3	<i>The Holy Qur'an</i> (S.A. Maulawi, Trans.). (2011). Islam International Publications.
In-text citation	(<i>The Holy Qur'an</i> , 2011) or <i>The Holy Qur'an</i> (2011)

Reference example #4	<i>The Torah: The five books of Moses</i> (3 rd ed.). (2015). The Jewish Publication Society. (Original work published 1962)
In-text citation	(<i>The Torah</i> , 1962/2015) or <i>The Torah</i> (1962/2015)

Online

Reference components	<i>Title of work</i> (X nd ed.). (year). Name of website or source of work. URL (Original work published XXXX)
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Reference example #1	<i>King James Bible</i> . (2024). King James Bible Online. https://www.kingjamesbibleonline.org/ (Original work published 1769)
In-text citation	(<i>King James Bible</i> , 1769/2024) or <i>King James Bible</i> (1769/2024)

Reference example #2	<i>New American Bible</i> . (2002). United States Conference of Catholic Bishops. https://www.vatican.va/archive/ENG0839/INDEX.HTM
In-text citation	(<i>New American Bible</i> , 2002) or <i>New American Bible</i> (2002)

Church or papal document or speech (online)

- Use the name as it appears on the source. In our example, the author is simply Francis; you may add “Pope” **only** if you are working the author’s name into your sentence. Do not add it to the parenthetical citation or the reference.
- Notice the use of **reverse italics** in the title of the document. Because the title of the document in the reference should be in italics and the Latin words are **already italicized** in the original title of the document, they should be set in standard type in the reference.

Reference components	Author. (year). <i>Title of document</i> [type of document]. Publisher if available. URL
Reference example	Francis. (2016). <i>Vultum Dei quaerere, on women's contemplative life</i> [Apostolic constitution]. Vatican Press. https://www.vatican.va/content/dam/francesco/pdf/apost_constitutions/documents/pa-pa-francesco_costituzione-ap_20160629_vultum-dei-quaerere_en.pdf
In-text citation	(Francis, 2016) or Pope Francis (2016)

POWERPOINT SLIDES OR OTHER CLASS HANDOUT

Provide the general platform/learning management system URL so that your reader can log in. Internal links will not work without a connection.

Reference components	Professor Last Name, Initial(s). (year). <i>Title of that week’s presentation</i> [type of presentation or document]. Name of platform. General platform URL
Reference example	Rioux, J.-F. (2020). <i>Lecture 2: History of conflict studies</i> [PowerPoint slides]. Brightspace. https://uottawa.brightspace.com
In-text citation	(Rioux, 2020) or Rioux (2020)

CONFERENCE PROCEEDINGS

Conference proceedings are the published collection—or record—of communications (papers, abstracts, posters, etc.) from a specific conference, symposium, etc. They can be published in a periodical (see example below), but they can also be published as books or book chapters, in which cases you can follow the corresponding examples provided earlier in this handout.

- When conference proceedings are published in a journal, each individual proceeding is akin to a journal article and is cited and referenced as such, as in our example.

Reference components	Author Last Name, Initial(s). (year). Title of proceeding. <i>Name of Journal</i> , volume(issue), article page range or article number. DOI
Reference example	Chen, Y. (2024). A study of the effects of the application of Artificial Intelligence (AI) on improving the spoken English of university students: Voices of students from a Chinese university. <i>SHS Web of Conferences</i> , 199, Article 01003. https://doi.org/10.1051/shsconf/202419901003
In-text citation	(Chen, 2024) or Chen (2024)

SOCIAL MEDIA CONTENT

Reference components	Author Last Name, Initial(s) OR name of organization/group/account [@username]. (year, month day). <i>First 20 words of post</i> [Type of audiovisual if applicable]. Name of platform/website. URL of post
Reference example #1	Jean-Léon Allie Library and Archives [@bibliospu]. (2020, March 9). <i>Vous n'avez pas eu le temps de venir voir notre vitrine thématique de la Journée internationale des femmes? Soyez</i> [Photographs]. Instagram. https://www.instagram.com/p/B9hDC7xplne/
In-text citation	(Jean-Léon Allie Library and Archives, 2020) <i>or</i> Jean-Léon Allie Library and Archives (2020)

YOUTUBE, VIMEO, OR OTHER ONLINE VIDEO

The author is the name of the account that uploaded the video; provide their username in square brackets after their name if it is different (like in this example).

Reference components	Video creator/author Last Name, Initial(s) OR name of organization/account [username]. (year, month day). <i>Title of video</i> [Video]. Name of platform/website. URL of video
Reference example	Saint Paul University [USPottawa]. (2018, August 29). <i>Discover our Indigenous Services!</i> [Video]. YouTube. https://www.youtube.com/watch?v=N76tjKpotlE
In-text citation	(Saint Paul University, 2018) <i>or</i> Saint Paul University (2018)

For more information and examples:

- ***Publication Manual of the American Psychological Association, 7th ed., Chapter 10 (find it at our Citing and Writing Station)***
- [APA Style website](#)
- [Citation Style Research Guide](#) on the library's [website](#)

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