

Press Release

For immediate release

The 2012 winner of the Capital Educators' Awards for Saint Paul University is Judith Malette

OTTAWA, May 18, 2012 – The 2012 Capital Educators' Awards were announced last evening during a gala event held at Algonquin College. The Capital Educators' Awards recognize the achievements of outstanding educators and celebrate public education in our community.

Nominations were open to educators employed by the four public school boards, two colleges and four universities in the National Capital Region, including Saint Paul University. A group of judges representing education and community organizations reviewed over 500 nominations. The 2012 winner for Saint Paul University is Professor Judith Malette.

Professor Malette is a clinical psychologist and Director of the School of Counselling and Spirituality at Saint Paul University. She has been teaching at Saint Paul for eleven years, doing research in the rereading of life, imagination, spirituality and trauma. She is also interested in the links between yoga and psycho-spiritual growth. Professor Malette did her doctoral studies in behavioural neurophysiology, and in clinical psychology at the University of Ottawa's School of Psychology. While pursuing her doctorate, she began teaching undergraduate francophone and Anglophone students who were majoring in psychology. Professor Malette is also a certified instructor of Somayog and Yin Yoga.

Saint Paul University applauds Professor Judith Malette for this recognition and is very proud of her commitment and dedication within the faculty, which aims to prepare tomorrow's leaders for our society. The entire Saint Paul community wishes to offer congratulations to Professor Judith Malette.

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