

APA STYLE, 7TH EDITION

General format of in-text citations is as follows: (last name of author, year of publication). You can also use the author's name in your sentence, immediately followed by the year of publication in parentheses. Examples of both types of in-text citations are provided throughout this handout.

Example: (Lowery & Burrow, 2019) *or* Lowery and Burrow (2019)

With direct quotations, add the page number after the year of publication (separated by a comma).

Important notes

- Each in-text citation must have a corresponding reference list entry.
- Place the section label **References** centered and in bold at the top of a new page.
- Arrange the reference list entries in alphabetical order by author.
- Reference list entries have a hanging indent of 0.5 in.
- Double-space the reference list (within and between entries).
- If no publication date is provided, write n.d. (for “no date”) in place of the year.
- If a source has more than one author, use the examples provided under “Book” and then combine with the appropriate document type format.

Book (all formats)

If you used an e-book, do not include the format, platform, or device in the reference entry. If the DOI is provided, include it at the end, after the name of the publisher (see second example); if it is not, end the reference after the name of the publisher.

One author

Reference	Israel, M. (1983). <i>The spirit of counsel: Spiritual perspectives in the counselling process</i> . Hodder & Stoughton.
In-text citation	(Israel, 1983) <i>or</i> Israel (1983)

Two authors

Reference	Chan, W., & Chunn, D. (2014). <i>Racialization, crime, and criminal justice in Canada</i> . University of Toronto Press.
In-text citation	(Chan & Chunn, 2014) <i>or</i> Chan and Chunn (2014)

Three or more authors

Reference	Lee, W. M. L., Blando, J. A., Mizelle, N. D., & Orozco, G. L. (2007). <i>Introduction to multicultural counseling for helping professionals</i> (2 nd ed.). Routledge. https://doi.org/10.4324/9780203941485
In-text citation	(Lee et al., 2007) <i>or</i> Lee et al. (2007)

Chapter of an edited book

If you used an e-book, follow the guidelines given above.

Reference	Katz, J. J. (1973). The realm of meaning. In G. A. Miller (Ed.), <i>Communication, language, and meaning: Psychological perspectives</i> (pp. 36-48). Basic Books.
In-text citation	(Katz, 1973) or Katz (1973)

Translated book

Reference	Foucault, M. (2003). <i>The birth of the clinic: An archeology of medical perception</i> (A. M. Sheridan, Trans.). Routledge. (Original work published 1963)
In-text citation	(Foucault, 1963/2003) or Foucault (1963/2003)

Journal article

If the article is from an academic research database but does not have a DOI, end the reference after the page range; do not include a URL or the database name. If the article does not provide a DOI but does have a URL that is **not** part of a database, include it at the end of the reference (see third example).

Reference	Lowery, P. G., & Burrow, J. D. (2019). Concentrated disadvantage, racial disparities, and juvenile institutionalization within the context of attribution theory. <i>Criminal Justice Studies</i> , 32(4), 330-355. https://doi.org/10.1080/1478601X.2019.1660964
In-text citation	(Lowery & Burrow, 2019) or Lowery and Burrow (2019)

Reference	Rodgers, R. F., DuBois, R., Frumkin, M. R., & Robinaugh, D. J. (2018). A network approach to eating disorder symptomatology: Do desire for thinness and fear of gaining weight play unique roles in the network? <i>Body Image</i> , 27, 1-9. https://doi.org/10.1016/j.bodyim.2018.07.004
In-text citation	(Rodgers et al., 2018) or Rodgers et al. (2018)

Reference	Kozembar-Wiklik, M. (2016). Controversial themes in advertisements: On manipulating the emotions of audiences and extending the boundaries of the social 'taboo.' <i>Communication Today</i> , 7(1), 18-31. https://www.communicationtoday.sk/download/12016/KOSZEMBAR-WIKLIK-%25E2%2580%2593-CT-1-2016.pdf
In-text citation	(Kozembar-Wiklik, 2016) or Kozembar-Wiklik (2016)

News website article

Use this format for articles from news websites that do not have associated daily newspapers, such as CNN, HuffPost, BBC News, CBC News, Radio-Canada, etc.

Reference	Nicholson, K. (2020, March 9). 'Barriers' in Canada's legal system complicating fight to end domestic violence. CBC News. https://www.cbc.ca/news/barriers-in-canada-s-legal-system-complicating-fight-to-end-domestic-violence-1.5488510
In-text citation	(Nicholson, 2020) or Nicholson (2020)

Newspaper article

Reference	Deachman, B. (2020, March 8). Parents march, sing in support of teachers. <i>Ottawa Citizen</i> . https://ottawacitizen.com/news/local-news/parents-march-sing-in-support-of-teachers
In-text citation	(Deachman, 2020) or Deachman (2020)

Thesis or dissertation

Reference	Max, A. (2017). <i>The experiences of individuals with psychological disabilities in attending counselling: A phenomenological investigation</i> [Master's thesis, University of Ottawa]. uO Research. https://ruor.uottawa.ca/bitstream/10393/37047/5/Max_Alyssa_2017_thesis.pdf
In-text citation	(Max, 2017) or Max (2017)

Government publication or report

Reference	Statistics Canada. (2020). <i>Canada's Black population: Education, labour and resilience</i> (Ethnicity, Language and Immigration Thematic Series, Publication No. 89-657-X2020002). https://www150.statcan.gc.ca/n1/en/pub/89-657-x/89-657-x2020002-eng.pdf?st=v7OEaeqo
In-text citation	(Statistics Canada, 2020) or Statistics Canada (2020)

Reference	Páez Silva, A. A. (2019). <i>The French language in Ontario, 2001 to 2016: Facts and figures</i> (Ethnicity, Language and Immigration Thematic Series, Publication No. 89-657-X2019012). Statistics Canada. https://www150.statcan.gc.ca/n1/pub/89-657-x/89-657-x2019012-eng.pdf
In-text citation	(Páez Silva, 2019) or Páez Silva (2019)

Webpage (general, institutional, or organizational)

Reference	World Health Organization. (2019). <i>Respect women: Preventing violence against women</i> . https://apps.who.int/iris/bitstream/handle/10665/312261/WHO-RHR-18.19-eng.pdf?ua=1
In-text citation	(World Health Organization, 2019) or World Health Organization (2019)

Reference	United Nations Environment Programme. (2019, November). <i>Emissions gap report 2019</i> . https://wedocs.unep.org/bitstream/handle/20.500.11822/30797/EGR2019.pdf
In-text citation	(United Nations Environment Programme, 2019) or United Nations Environment Programme (2019)

Reference	Saint Paul University. (n.d.). <i>Services</i> . https://ustpaul.ca/en/jean-leon-allie-omi-library-services_474_273.htm
In-text citation	(Saint Paul University, n.d) or Saint Paul University (n.d.)

Reference	United Nations Declaration on the Rights of Indigenous Peoples, September 13, 2007, https://www.un.org/esa/socdev/unpfii/documents/DRIPS_en.pdf
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In-text citation	(United Nations Declaration on the Rights of Indigenous Peoples, 2007) or United Nations Declaration on the Rights of Indigenous Peoples (2007)
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PowerPoint slides

Reference	Rioux, J.-F. (2020). <i>Lecture 2: History of conflict studies</i> [PowerPoint slides]. Brightspace. https://uottawa.brightspace.com
In-text citation	(Rioux, 2020) or Rioux (2020)

Personal communications

This refers to content that cannot be retrieved by readers and includes information provided by professors via classroom lectures that is unavailable elsewhere (e.g., is not in the lecture's PowerPoint slides). Other types of personal communications include emails, telephone conversations, live speeches, etc. Personal communications appear as in-text citations only; they are not included in the reference list.

Provide the initial(s) and surname of the person and the exact date the communication took place.

In-text citation	(A.-M. Tremblay, personal communication, March 1, 2020) or A.-M. Tremblay (personal communication, March 1, 2020)
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Social media content

Provide the first 20 words of the post as the title, including emojis, hashtags, and URLs (as one word each). Describe the post type (status update, tweet, photograph, link, video, etc.) in square brackets after the title.

Reference	Jean-Léon Allie Library and Archives [@bibliospu]. (2020, March 9). <i>Vous n'avez pas eu le temps de venir voir notre vitrine thématique de la Journée internationale des femmes? Soyez</i> [Photographs]. Instagram. https://www.instagram.com/p/B9hDC7xplne/
In-text citation	(Jean-Léon Allie Library and Archives, 2020) or Jean-Léon Allie Library and Archives (2020)

Reference	Obama, B. [@BarackObama]. (2020, March 7). <i>55 years ago, when a group of civil rights organizers crossed the Edmund Pettus Bridge, they carried America with them</i> [Image attached] [Tweet]. Twitter. https://twitter.com/BarackObama/status/1236310244508254208
In-text citation	(Obama, 2020) or Obama (2020)

YouTube, Vimeo, or other online video

The author is the name of the account that uploaded the video; provide their username in square brackets after their name if it is different.

Reference	Saint Paul University [USPottawa]. (2018, August 29). <i>Discover our Indigenous Services!</i> [Video]. YouTube. https://www.youtube.com/watch?v=N76tjKpotIE
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In-text citation	(Saint Paul University, 2018) <i>or</i> Saint Paul University (2018)
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For more information and examples:

- *Publication Manual of the American Psychological Association, 7th ed., Chapter 10* (find it at our Citing and Writing Station)
- [APA Style website](#)
- Citation Style Research Guide on the Library's [website](#)

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