**COURSE CODE:** IPA 7205  
**COURSE TITLE:** Practicum in Couple and Family  
**CREDITS:** 3cr.  
**SESSION:** Fall 2015 – Winter 2016  
**PROFESSOR(S):** Martin Rovers and Kelly Kilrea

<table>
<thead>
<tr>
<th>DESCRIPTION</th>
<th>The couple and family practicum focuses on theory, assessment and treatment in couple and family therapy. Students will be introduced to couple and family therapy from Systems, Emotional-Centered, Psychodynamic, Humanistic/Experiential, Transpersonal, Social Constructionist, and Cognitive Behavioral approaches. The theory, major concepts, assessment tools, and intervention techniques within each approach will be covered. Videotapes of client sessions and live demonstrations of each approach will be used to consolidate the theory into practice. In small group format, students will have an opportunity to practice each approach. Students will be introduced to specific issues, working with special populations and diversity in couple therapy and family therapy. The role of spirituality in couple and family therapy will be covered and students will develop their ability to assess, conceptualize and treat spirituality-related issues. The Safe and Effective Use of Self in couple and family therapy will be covered.</th>
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| OBJECTIVES | • Students will effectively develop a case assessment, conceptualization and treatment plan drawing on a relevant theoretical approach.  
• Students will be knowledgeable about issues of diversity and working with special populations in couple and family therapy.  
• Student will be able to identify and assess spirituality-related issues and integrate these into their treatment plan.  
• Students will practice the safe and effective use of self in couple and family therapy. |
| --- | --- |

| WORKLOAD | 1) **Session/Role-play Videos**  
Students will prepare weekly video recordings of their role-play sessions. These videos will be presented in training and supervision as a method for learning and evaluation. Role-play recording will continue until students are able to present tapes of real clients to their supervisors. One of these tapes will be reviewed by the trainers for evaluation purposes. These videos will allow students to practice and present their approach to couple and therapy for supervision and evaluation. |
2) Case Presentations

Student presentations (see Case Presentation Format) will take place informally (no marks) in the fall semester, and formally, with grade, in the winter semester. Each student will do a 45 minute presentation (30 minute presentation and 15 minutes Q&A from other students and clinical professor) on a case of a couple they are currently working with or have worked with during the practicum. The student must demonstrate the ability to accurately identify the presenting problem, develop a genogram; obtain relevant clinical material to effectively assess and conceptualize their case, and develop an appropriate treatment plan drawing on a relevant theoretical couple/family approach.

Academic Policies

Participation

Students are expected to actively participate in all aspects of the practicum including open class discussions, role plays, demonstrations, providing peer feedback, and critiquing video material. Students are expected to read required reading in preparation for practicum to complement their learning. Reference lists will be provided for each topic.

Weekly time expectations for IPA 7205:
6 in-class hours, Monday and Wednesday morning
3 direct skill hours (seeing clients or role-play video group)
3 supervision hours
3 clinical notes and readings
15 total practicum

Professional Development and Integration Seminar

The Professional Development and Integration Seminar is part of the Second year practicum. It is comprised of lectures and presentations on the topics of self-awareness, self-growth, integration of learning, and guidance on practical and professional issues following graduation.

Spirituality

1) Monthly reflection journals will be completed and submitted in September, October and November (see handout) and shared in training.
2) A Module in spiritual issues, assessment, and treatment will take place during this year.
3) Students will read:
   - *Spiritually integrated psychotherapy*: Understanding and addressing the
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<tr>
<th>MANDATORY READINGS</th>
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<tr>
<td><strong>ASSESSMENT</strong></td>
<td>Pass / fail</td>
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<tr>
<td><strong>OTHER READINGS</strong></td>
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Mains, Mary: Adult Attachment Interview: [http://www.psychology.sunysb.edu/attachment/measures/content/aai_interview.pdf](http://www.psychology.sunysb.edu/attachment/measures/content/aai_interview.pdf)


Please familiarize yourself with the Academic Regulations: http://ustpaul.ca/en/registrar-s-services-academic-regulations-undergraduate-studies_469_741.htm

Please read this information on intellectual integrity (with resources regarding plagiarism and other forms of fraud): http://ustpaul.ca/en/registrar-s-services-academic-fraud_1408_783.htm

For examples of plagiarism see: http://www.uottawa.ca/plagiarism.pdf

Revision of marks:
Please see the appropriate section in the academic regulations (8.10 Revision of Grades and Appeals)

Students must complete all assignments during the allocated time as per the schedule provided in this course outline, and in accordance with the final exam date. Failure to complete any of the in-class assignments will result in a mark of zero being awarded. Failure to complete either the mid-term or final exam will similarly result in a zero mark.

Learning support
Students who require accommodations or academic support because of a physical or learning disability, or any condition that affects their ability to learn, are invited to register with ACCESS SERVICE:

In person: University Centre 339
Telephone: 613-562-5976
TTY: 613-562-5214
E-mail: adapt@uottawa.ca
Web: http://www.sass.uottawa.ca/access/

Students can then meet with an Access Service specialist to identify their individual needs and to discuss appropriate interventions.

IMPORTANT Deadlines for requesting accommodations for:

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<tr>
<th>Quizzes, tests, mid-terms, deferrals</th>
<th>FINALS</th>
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<tr>
<td>7 day rule</td>
<td>FALL SESSIONS: November 15th</td>
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<td>(excluding holidays and the day of the exam)</td>
<td>WINTER SESSIONS: March 15th</td>
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<td>SPRING/SUMMER SESSIONS: 7 day rule</td>
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http://www.sass.uottawa.ca/access/students/adapted-exam-procedures.php

Student Success Centre (SSC)

The Student Success Centre (SSC) is your best resource for all your academic needs. Our counsellors and student-mentors provide you with the tools and strategies to ensure that you are successful in achieving your academic, professional and personal objectives.

Student Mentors
A team of student-mentors is available to support you as you get acquainted with research methods at the university level. The team will share with you, through workshops, study groups or one-on-one meetings, tips, guidance and resources to help you acquire the know-how for a positive university experience.

Academic Writing Help Centre
Writing advisors will offer you assistance in organizing, presenting and correcting your papers and avoid plagiarism. These sessions will be offered through one-on-one meetings.

Workshops on achieving academic success
Workshops especially designed to address questions and concerns such as stress management, budgeting, time management, and your exam preparation are offered. Please see our student-mentors.

The Student Success Centre (SSC) is located in rooms 40 and 42 Guigues Hall.
Telephone number: (613) 236-1393, extension 2640, e-mail: redaction-writing@ustpaul.ca