**Code:** IPA 5163  
**Title:** Human trafficking, trauma and spirituality  
**Session:** Spring/Summer 2014.

**Tu Nguyen. Fmm., PhD cand.**

### Description
This course presents the context of human trafficking in which trauma occurs, and introduces an overview of the theories of trauma, grief and loss to better understand how such a tragedy affects victims/survivors’ thoughts, feelings and behaviour. An ecological model of recovery from trauma, integrating spirituality will be introduced. Research, interventions, treatment plans and practices based on multi-cultural research will be presented.

### Objectives
To understand the nature of trauma in the context of trafficking and the contribution of cross-cultural research to the interpretation of the traumatic events and of the physiological/psychosomatic responses to them; treatment planning in the light of such an interpretation. To develop a critical appreciation of an inter-disciplinary method in approaching this subject. To encourage student discussion, awareness and proposed action to minimize the impact of the trauma induced by human trafficking.

### Method
* The professor presents the contents of the course according to the syllabus.  
* Small group discussion based on the professor’s presentation and the required readings; then each group is invited to summarize the group discussion with the whole class.

### Workload
- **Two personal reflection papers** (2 to 3 double-spaced pages) on one of the three questions provided for each assignment. Mandatory readings and the professor’s presentations are recommended for the papers.  
  **Due:** May 13 and May 29, 2014.

  **Small group presentation:** Each group is expected to select a research topic; initial findings are to be presented to the class with a PowerPoint, and then developed in the Major Paper. The topic chosen for the presentation and major paper should be approved by the professor. All papers should reflect the link between trauma, recovery and spirituality.  
  **Presentations begin on June 3rd, 2014.**

- **Major Paper:** 10-12 double-spaced pages; each group is encouraged to select the research topic integrating theory, research, practice and their proposed ideas for further intervention, prevention and protection with regard to the topic under consideration.  
  **Due:** June 10, 2014.

### Evaluation
- **Two personal reflection papers:** 20% for each.  
- **In-class participation:** value: 10%: students are invited to share their knowledge and reflections on Weekly Readings. Class participation and group discussion are graded by each student with the professor.  
- **Class presentation:** value: 20%  
- **Major paper:** 30%
Students may not be absent from more than 20% of the classes (9 hours or 3 classes)
Students with special needs are asked to contact with Ms. Francine Quesnel (Office 161 A)
Student makes sure to read the information on academic fraud and its consequences in [http://ustpaul.ca/en/registrar-s-services-academic-fraud_1408_783.htm](http://ustpaul.ca/en/registrar-s-services-academic-fraud_1408_783.htm) or/and in [http://www.uottawa.ca/plagiarism.pdf](http://www.uottawa.ca/plagiarism.pdf)

**Required texts:**


**Recommended Texts**

Choose a text provided in each particular class.

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### Syllabus of the course

**Class 1: Thursday May 1, 2014:**

- **Introduction and course overview**
- **Watching a documentary film**

**Class 2: Tuesday May 6, 2014**

- **Understanding trafficking process**


**Class 3: Thursday May 8, 2014**

- **Accessing survivors’ needs**


Class 4: Tuesday May 13, 2014

**Complex trauma, Trauma, and PTSD across cultural research.**


Class 5: Thursday May 15, 2014

**Loss and grief**


Class 6: Tuesday May 20, 2014

**Trauma and recovery**


Class 7: Thursday May 22, 2014

**Understanding somatic therapy for healing trauma and PTSD**

Watch video with Peter Levin model (wwwtraumahealing.com)


Class 8: Tuesday May 27, 2014

**Trauma treatment and spiritual interventions: an ecological model**

Harvey, M. R., Mischler, E. G., Koenen, K., & Harney, P. (2001). In the aftermath
Saint Paul University, Ottawa.

of sexual abuse: Making and remaking meaning in narratives of trauma and recovery. *Narrative Inquiry*, 10(2), 291–31

Class 9: Thursday May 29, 2014

**Growth after trauma, spirituality in healing process**


Class 10: Group presentation: June 3, 2014
Class 11: Group presentation: June 5, 2014
Class 12: Group presentation: June 10, 2014
Class 13: Group presentation: June 12, 2014
References


Saint Paul University, Ottawa.