



**Autobiographical Questionnaire
For Candidates Seeking Admission to the
MASTER OF ARTS IN COUNSELLING AND SPIRITUALITY**

Name: _____

CONCENTRATION: Individual counselling Couple and family counselling

Please note that selecting a concentration is mandatory for your application to be processed.

- Responses to this questionnaire will be kept confidential. Your answers will help us to ascertain whether your needs and aspirations will be served by the program in which you are applying for admission.
- Evaluators prefer responses that are brief and well-structured.
- It is possible that you will be contacted for an interview with one or more members of the Faculty’s Admissions Committee.

1. Please place yourself on the following grid.

	Excellent	Very good	Good	Weak	Unknown
Intellectual Aptitude					
Openness to Learning					
Ease in Interpersonal Communications					
Job Perseverance					
Emotional Maturity					
Creativity					
Openness to Spirituality					

- Describe your work experiences (type of work, number of years, places, etc.) AND incorporate your perspective on the role of spirituality in your work.
- Give the reasons why you wish to complete an M.A. in Counselling and Spirituality program.
- What is your spiritual perspective AND:
 - How do you believe that you might integrate your spiritual perspective with counselling and psychotherapy?
 - How does your spirituality help you to grow as a person?
- What are the barriers (or challenges) that could hinder your progress in the M.A. in Counselling and Spirituality or that would encourage you to withdraw from the program (e.g., health problems, etc.)?
- Please share with us any personal or professional experience you may have had with counselling or psychotherapy.
- What kind of work are you planning to do upon completion of your studies in Counselling and Spirituality?