UNDERGRADUATE STUDIES

HUMAN RELATIONS AND SPIRITUALITY (COMPLEMENTARY MAJOR)



UNIVERSITÉ SAINT-PAUL UNIVERSITY

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General Information

A complementary major is taken in addition to a student's main program. There is no direct admission in a complementary program; the choice is made after admission and registration in a bachelor program.

PROGRAM REQUIREMENTS

Compulsory Courses (30 credits)

» ECS2191 Introduction to Conflict Studies
» ECS2192 Inequality, Conflict and Social Justice
» HUM1103 Introduction to Group Dynamics
» IGL2136 Group Intervention Lab 1
» IGL2138 Group Intervention Lab 2
» PHI3131 Ethics Counselling
» PSY1101 Introduction to Experimental Psychology (UO)
» PSY1102 Introduction to Applied Psychology (UO)
» THO2315 Ethics and the Human Person
» THO3166 Moral Existence

Optional Courses (12 credits)

3 credits from:

» ECS3126 Discrimination and Conflict
» IGL3112 Spiritual Dimensions of Leadership and Group Facilitation
» PSY3102 Interpersonel Relationships (UO)

3 credits from:

» ECS3123 Psychological Impacts of Conflicts
» IGL3140 Practicum 1: Initiation to Group Intervention in Organizations
» PHI3307 Ethics and Multiculturalism
» PSY3171 Psyschopathology (UO)

6 credits from:

» ECS4101 Causes of Conflict 1: Biological and Psychological Approaches
» IGL4117 Creativity in Support of Groups
» PSY4391 Special Topics in Psychology (UO)
» THO4104 Sexual Ethics (Prerequisite: THO 3166)
» THO4106 Bioethics

COURSES

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ECS 2191 - INTRODUCTION TO CONFLICT STUDIES

A multidisciplinary introduction to research in the evolving field of peace and conflict studies, with emphasis on ethnic and religious conflict. Cases are drawn from local to global levels. Includes anthropology, sociology, psychology, history, political science, law, labour relations, theology, philosophy, gender studies and security studies.

ECS 2192 - INEQUALITY, CONFLICT AND SOCIAL JUSTICE

This course consists of two components: (1) the examination of the variable linkages between inequality (economic, social, political), injustice, and violent conflict; and (2) the examination of efforts to create environments characterized by equality, equity, justice and peace.

ECS 3123 - PSYCHOLOGICAL IMPACTS OF CONFLICTS

A multidisciplinary examination of trauma: Disruption of responsive mechanisms. Decision making in crises. Contributing factors affecting the impact of trauma. Conflict and psychological transformation.

Prerequisites: PSY1101 and PSY1102 or IPA1121 and IPA1122.

ECS 3126 - DISCRIMINATION AND CONFLICT

Theories of discrimination: direct, indirect and systemic discrimination. Pluralism and multiculturalism. Anti-discrimination law: areas of application. Theories of reasonable accommodation and undue hardship. International agreements and equality laws.

ECS 4101 - CAUSES OF CONFLICT I: BIOLOGICAL AND PSYCHOLOGICAL APPROACHES

Examination of the many possible causes of conflict and violence such as aggression, instinct, character traits, learned behaviours, socialization, personality disorders, group influences, mob behaviour, and perceptual issues.

Prerequisites: ECS 2111, ECS 2112, ECS 2192, PSY 1101 or IPA1121, PSY 1102 or IPA1122.

HUM 1103 - INTRODUCTION TO GROUP DYNAMICS
This course initiates participants to the group phenomenon and to differentfundamental concepts, such as group typology, elements of groupdynamics, as well as conditions and factors that are part of interpersonal andgroup communication. Participants learn to be aware of the qualityof their participation and to develop their capacity to observe and tointeract.

IGL 2136 - GROUP INTERVENTION LAB 1

Exploration and practice of basic group participatory processes and techniques. In-class filming of facilitation practices. Participation, facilitation and observation skills are developed as well the ability to observe, and to provide and receive insightful feedback.

Prerequisite or concomitant: IGL1103. This course was previously ANI2136.

IGL 2138 - GROUP INTERVENTION LAB 2

Reflection on group intervention and leadership practices and outcomes. Reflection on personal values and their potential impact on groups. Exploration and practice of advanced group participatory processes and techniques.

Prerequisite: IGL2136. This course was previously ANI2138.

IGL 3140 - PRACTICUM 1: INITIATION TO GROUP INTERVENTION IN ORGANIZATIONS

This practical training allows the student to observe how actual facilitation of groups is done, by pairing with a *mentor* who has a background in the field. Group and individual meetings give the opportunity to discuss and evaluate the knowledge, the know-how and the interpersonal presence involved in this practice.

Prerequisite: IGL 2136. This course was previously ANI3140.

IGL 4117 - CREATIVITY IN SUPPORT OF GROUPS

This course has two foci: the self-aware study of creativity and the practice of synergy. Presentation of creative process and methods, and factors and techniques that promote creativity, facilitate meetings and resolve problems: analogies, combinational techniques, bodily and verbal expression, etc.

Prerequisite: IGL2138

This course was previously ANI3117

IPA 3126 - THE SPIRITUAL DIMENSIONS OF LEADERSHIP AND GROUP FACILITATION

Deepening of one's conception of spirituality and presentation of various guiding methods adapted to personal development groups: self-training, support group meetings, life experience analysis and planned action. Community cooperation and psychosocial basics are addressed.

This course was previously ANI3112 and IGL3112.

PHI 3131 - ETHICS COUNSELLING

Principles of ethics consultations. Application of ethical theories to the practice of counselling. How to take decisions in the area of ethics. How to facilitate ethical decision making by individuals and organizations.

PHI 3307 - ETHICS, MULTICULTURALISM AND IMMIGRATION

This course examines the relation of ethics, multiculturalism, and immigration, studies the questions regarding the possibility of a multicultural ethics, and addresses the issues and debates arising from cultural relativism and identity politics in the functioning of modern societies.

PSY 1101 - INTRODUCTION TO PSYCHOLOGY: FOUNDATIONS (UO)

Object and method of psychology. Heredity, environment, human development. Nervous system, consciousness. Sensory processes, perception, cognition, memory, language, and thought. Learning.

Previously: PSY1200. This course cannot be combined for credit with IPA1121.

PSY 1102 - INTRODUCTION TO PSYCHOLOGY: APPLICATIONS (UO)

Emotions, motivation. Personality. Mental health, abnormal behaviour and therapeutic approaches. Social psychology. Historical perspective.

Previously: PSY 1200. This course cannot be combined for credit with IPA1122.

PSY 3102 - INTERPERSONAL RELATIONSHIPS (UO)

Verbal and non-verbal communication. Theory and research of interpersonal relationships. Intercultural communication. In-class laboratory exercises and preparation of individual projects.

Prerequisites: PSY1101, PSY1102

PSY 3102 - INTERPERSONAL RELATIONSHIPS (UO)

Verbal and non-verbal communication. Theory and research of interpersonal relationships. Intercultural communication. In-class laboratory exercises and preparation of individual projects.

Prerequisites: PSY1101, PSY1102

PSY 3171 - PSYCHOPATHOLOGY (UO)

An introduction to one or more major theories of psychopathology and related milestones in development. Anxiety. Depression. Neuroses. Psychoses. Conduct disorders and other abnormal states.

Prerequisites: PSY1101, PSY1102 (Previously: PSY4171)

PSY 4391 - SPECIAL TOPICS IN PSYCHOLOGY (UO)

Examination of a particular topic in psychology. Content and format will vary depending on professor.

Prerequisite: 54 university credits including PSY1101 and PSY1102.

THO 2315 - BEING HUMAN

What is ethics? Introduction to the key ethical ideas that shape our lives. Ethical riches of the Christian tradition to understand ourselves and our responsibilities to other persons.

THO 4106 - BIOETHICS

Respect for human life. Right to physical integrity. Genetics. Abortion. Euthanasia.

Prerequisite: THO 3166.