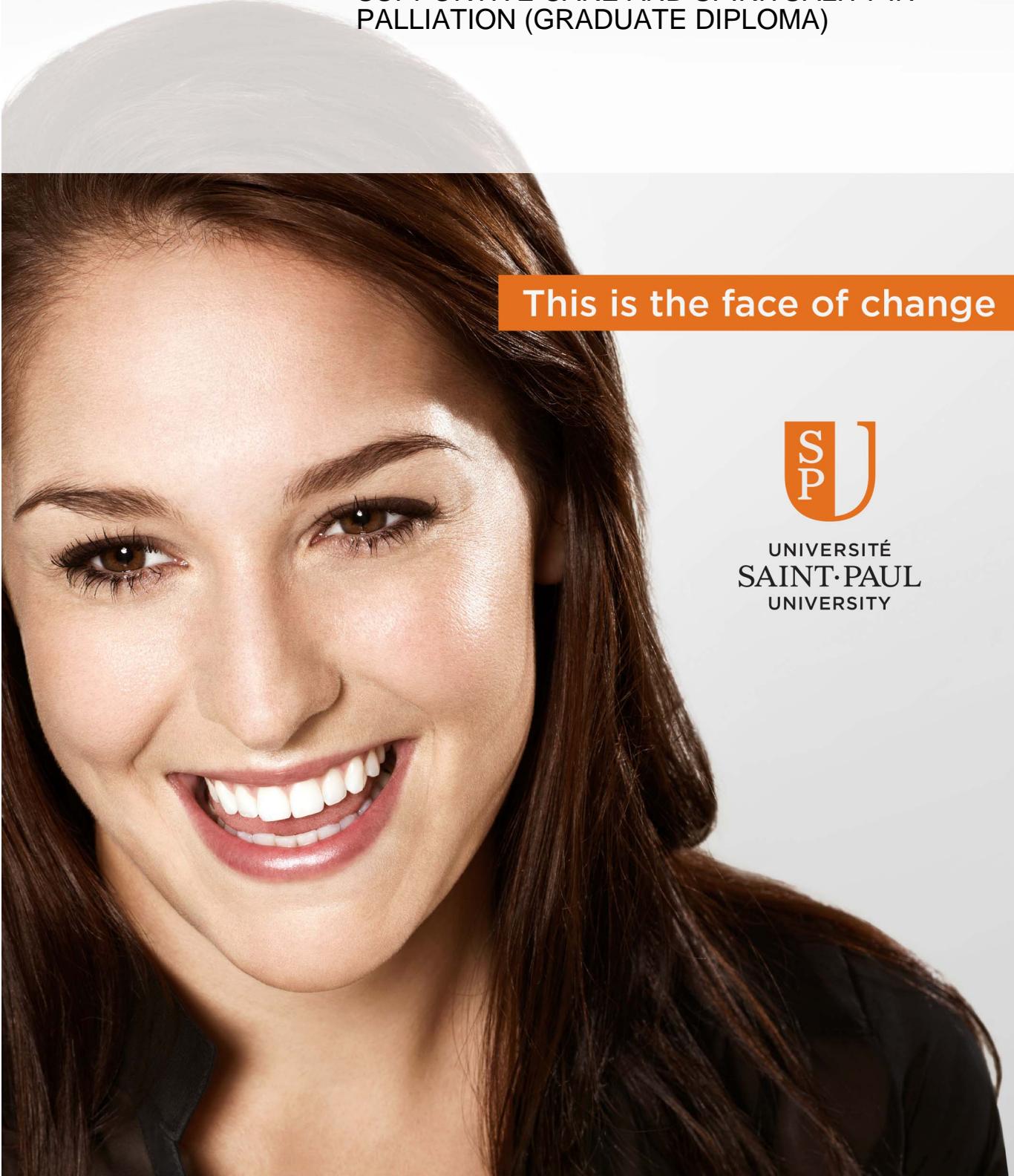


GRADUATE STUDIES

SUPPORTIVE CARE AND SPIRITUALITY IN PALLIATION (GRADUATE DIPLOMA)



This is the face of change



ustpaul.ca/programs

General Information

The Faculty of Human Sciences at Saint Paul University offers a *Graduate Diploma: Supportive Care and Spirituality in Palliation*. This diploma is conferred jointly by the Senates of Saint Paul University and the University of Ottawa under the terms of the federation agreement between them.

The *Graduate Diploma: Supportive Care and Spirituality in Palliation* is intended for people who already work in the field: nurses, doctors, nurses' aides, psychologists, psychotherapists, pastoral workers, volunteers, etc. **This hybrid program combines pre-recorded on-line courses and virtual group discussion sessions.**

The core courses in this program will allow you to learn about and understand:

- » the history of the development of palliative care and end-of-life care, their nature, different approaches, and unique features
- » how pain and other patient symptoms are managed
- » the various needs of patients and their caregivers (psychological, spiritual, social, religious, etc.)
- » ethical considerations in providing palliative care and services, in order to intervene appropriately while respecting the dying person and his or her loved ones
- » the stages of grief that family members, caregivers and friends may experience

[Academic regulations.](#)

[Admissions scholarships.](#)

Graduate Faculty

ARMSTRONG, Laura, Professor

BELLEHUMEUR, Christian, Professor

BILODEAU, Cynthia, Professor

BLAIS, Martin, Professor

DURAND, Guillaume, Assistant Professor

GRAFANAKI, Sotiria, Professor

JIANG, Yuanyuan, Professor

KILREA, Kelly, Assistant Professor

LYNN GALL, Terry, Professor Emerita

MAISHA, Buuma , Professor

MALETTE, Judith, Professor

MARTÍNEZ DE PISÓN, Ramón, Professor

WIEBE, Stephanie, Professor

YAMIN, Stéphanie , Professor

Admission Requirements

Candidates must satisfy the following conditions:

- » Hold an Honours Bachelor's degree or its equivalent in psychology, health sciences, nursing, practical theology, or in a related discipline, with an average of at least B (70%), or an undergraduate medical degree (MD).
- » Comply with one of the following criteria (in each case, the candidate should provide a confirmation letter from a third party, in which the duration of the activity is described):
 - » Have relevant work experience (in medicine, nursing, etc.) or volunteer experience in a palliative care setting for a minimum of one year.
 - » Have relevant work experience with individuals who are severely ill or who are at the end of life, as a psychologist or psychotherapist for a minimum of one year.
 - » Have relevant experience in pastoral care for a minimum of one year.
- » Provide the following documents:
 - » Letter of intent (500 words) and curriculum vitae.
 - » Two (2) letters of recommendation (from professors, employers, professional mentors, religious leaders, etc.); for candidates who have graduated within the previous seven years, at least one letter must be from a university professor.
- » Undergo an interview with the program coordinators (to verify the candidate's goals and his or her suitability for the program).

Degree Requirements

Compulsory Courses (15 units)

- IPA6131 Grief (3u)
- IPA6132 Themes Related to End of Life (3u)
- IPA6133 End of Life Pain Management (3u)
- IPA6134 Ethical Issues at the End of Life (3u)
- IPA6151 Spirituality and Adaptation to Illness (3u)

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Courses

IPA 6131 GRIEF (3cr.)

Is intended to provide an understanding of the process of grieving and an awareness of how loss can be integrated, in order to guide service providers in their work. Through examining these issues, the student will become familiar with the psychological and spiritual dimensions of mourning, signs of distress, and factors that influence the grieving process.

IPA 6132 THEMES RELATED TO END OF LIFE (3cr.)

The psychological, social, spiritual, and religious components of themes related to end of life. This course will enrich critical thinking of the professionals working with individuals who are at the end and with those close to them.

Prerequisites: IPA6151 and IPA6131. Equivalent to the course *NSG6135 Palliative/End of Life Care: An Interprofessional approach*.

IPA 6133 END OF LIFE PAIN MANAGEMENT (3cr.)

This course will be offered in a modular format and will touch on the psychological, cultural and spiritual impact of pain and suffering at the end of life.

Prerequisites: IPA6151 and IPA6131. Students having completed the course *PHT6544 Mécanisme et prise en charge de la douleur en physiothérapie* (1.5cr.) or *ERG6550 Perspective particulière en ergothérapie: Pain and Occupational Therapy* (1.5cr.) will be credited half of the modules.

IPA 6134 ETHICAL ISSUES AT THE END OF LIFE (3cr.)

This course aims to provide training in bioethics, focusing on problems that may arise at the end of life. The course will examine the values that underlie bioethical dilemmas.

Prerequisites: IPA6151 and IPA6131 or be registered into the Graduate Diploma in Catholic Bioethics.

IPA 6151 SPIRITUALITY AND ADAPTATION TO ILLNESS (3cr.)

Examines the phenomenology and etiology of health and illness. Emphasizes the creation of opportunities for human and spiritual growth. It examines the tensions that negatively affect certain types of terminal illness, their implications and effects on individuals, their families, and the community. It also examines the role of pastoral workers and how fears, guilt, feelings of inadequacy, and troubled interpersonal relationships can lead to hope, forgiveness, self-fulfillment, and human and spiritual growth. This course will enrich the critical thinking of professionals working with individuals who are at the end of life and with those close to them.

IPA 6531 LE DEUIL (3cr.)

Ce cours vise à comprendre le processus de deuil, de la prise de conscience à l'intégration de la perte, afin de guider les intervenants dans leur travail professionnel. Ainsi l'étudiant pourra-t-il se familiariser avec les réactions psychologiques et spirituelles du deuil, les adaptations nécessaires, les signes de détresse et les facteurs qui influencent le processus de deuil.

IPA 6532 THÈMES PERTINENTS AUX ENJEUX VÉCUS EN FIN DE VIE (3cr.)

Les composantes psychologiques, sociales, spirituelles et religieuses de thèmes pertinents aux enjeux vécus en fin de vie seront étudiées. Ce cours enrichira la réflexion critique des professionnels travaillant avec des personnes en fin de vie et les proches de celles-ci.

Préalables : IPA6551 et IPA6531. Équivalent du cours *NSG6535 Soins palliatifs et de fin de vie : une approche interprofessionnelle*.

IPA 6533 GESTION DE LA DOULEUR EN FIN DE VIE (3cr.)

Ce cours sera offert en modules et touchera à l'impact psychologique, culturel et spirituel de la douleur et de la souffrance en fin de vie.

Préalables : IPA6551 et IPA6531. Les étudiants ayant suivi le cours *PHT6544 Mécanisme et prise en charge de la douleur en physiothérapie (1,5cr.)* ou *ERG6550 Perspective particulière en ergothérapie : Pain and Occupational Therapy (1,5cr.)* se verront créditer la moitié des modules.

IPA 6534 ENJEUX ÉTHIQUES EN FIN DE VIE (3cr.)

Ce cours vise à donner une formation bioéthique en ciblant les problèmes qui peuvent survenir en fin de vie, à les comprendre et à analyser les valeurs qui sous-tendent les décisions face aux dilemmes bioéthiques.

Préalables : IPA6551 et IPA6531 ou être inscrit au diplôme d'études supérieures en bioéthique catholique.

IPA 6551 SPIRITUALITÉ ET ADAPTATION À LA MALADIE (3cr.)

Ce cours examine la phénoménologie et l'étiologie de la santé et de la maladie. On insistera sur les occasions créées favorisant la croissance humaine et spirituelle saine, les tensions qui aggravent certains types de maladies en phase terminale, leurs implications systémiques et leurs effets sur les individus, les familles et la communauté, le rôle de l'agent pastoral et, finalement, comment la crainte, la culpabilité, l'inadaptation, les relations interpersonnelles troublées peuvent conduire à l'espoir, au pardon, à l'épanouissement de soi et à la croissance humaine et spirituelle. Ce cours enrichira la réflexion critique des professionnels travaillant avec des personnes en fin de vie et les proches de celles-ci.

Address

Office of Admissions, Registrar and Student Services

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Telephone: 613-236-1393
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admission@ustpaul.ca

Hours of Operation of August 15 to May 31

Monday to Thursday: 8 a.m. to 5 p.m.
Friday: 8 a.m. to 12 p.m. and 1 p.m. to 4 p.m.

Hours of Operation of June 1 to August 14

Monday to Friday: 8 a.m. to 12 p.m. and 1 p.m. to 4 p.m.