

ustpaul.ca

HUMAN. OPEN. ENGAGED. SPIRITUAL.

Saint Paul University was the first post-secondary institution in Ottawa.

More than a university specializing in the human and social sciences, SPU is a community.

OUR GOAL: GUIDING TRANSFORMATION TOGETHER
TO BUILD A MORE HUMANE AND MORE JUST
SOCIETY ON A GLOBAL SCALE.

WANT TO TAKE ACTION AND CHANGE THE WORLD?

YOU BELONG AT SPU



- 4 THE SAINT PAUL EXPERIENCE
- 5 WHY CHOOSE SPU?
- OUR PROGRAMS 6
- 18 OPEN TO THE WORLD
- 20 WHICH B.A. MEETS YOUR NEEDS?
- 23 SERVICES AT SPU
- 24 INTERNSHIP OFFICE
- 25 LET'S TALK MONEY
- 26 ADMISSION CRITERIA 31 GRADUATE STUDIES
- 29 CAMPUS MAP

- 30 READY TO TAKE THE PLUNGE?
- 30 COME AND MEET US
- 31 ALUMNI OFFICE

THE SAINT PAUL EXPERIENCE

DIFFERENT. AND PROUD OF IT.

ACADEMIC EXCELLENCE

Through teaching as well as research, our commitment to excellence is embodied in our relevant programs that are focused on today's social issues. Our graduates are equipped to meet challenges and find innovative and humane solutions in all sectors.

A SMART INVESTMENT = 2 DIPLOMAS IN LESS TIME!

SPU's tuition fees are among the most competitive in Ontario. Also, we offer an attractive college credits recognition program. This program allows you to enter the job market more quickly and better equipped!

GREEN SPACE

Located in the heart of Ottawa, a stone's throw from the Rideau River and the Rideau Canal, SPU is surrounded by greenery and small eco-friendly businesses. Our smoke-free campus is also home to a community garden and an organic café.

HUMAN SCALE

Our approach is human-centred. We offer interactive teaching as well as access to professors and support staff that is second to none. The idea is to create a personalized university experience that fosters success.

BILINGUALISM AND DIVERSITY

SPU offers programs and services in English and French, and approximately 25% of students are from abroad. Everyone can therefore study in the official language of their choice and broaden their cultural horizons.

ADDED VALUE

Our concern for social justice, combined with our intellectual tradition, guides our thinking about the human condition and our plan for social transformation.



WHY **CHOOSE SPU?**

ITS STUDENT SATISFACTION RATE OF

MORE THAN \$750,000 IN SCHOLARSHIPS EVERY YEAR

On average,

less for tuition per year than at other Ontario post-secondary institutions **ITS PROGRAMS OFFERED IN ENGLISH** AND FRENCH



ENGLISH



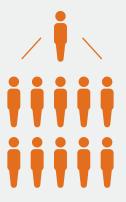
FRENCH

STUDENTS PER PROFESSOR.

ON AVERAGE







MINORS available at the University of Ottawa***



ITS LOCATION, OTTAWA, ONE OF THE TOP

CITIES IN THE **WORLD IN WHICH** TO STUDY,

according to students**

* According to the 2017 National Survey of Student Engagement, the most recent one done at SPU, 96% of graduating students rated their SPU experience as "good" or "excellent

^{*} Based on the 2018 QS Top Universities survey.

^{***} For more information: www.ustpaul.ca/minors-uOttawa

SCHOOL OF

SOCIAL COMMUNICATION

When political norms can be disrupted by a single tweet, how can we use media to make sense of reality? How is it possible to determine fact from fiction in an age of disinformation and misinformation? How can we contextualize the media we create and consume to understand its power to initiate change?

STUDYING SOCIAL COMMUNICATION IS ABOUT:

- Acquiring the communication tools and skills to prepare yourself to become an agent of change in the world
- Analyzing cultural, economic, environmental, political, technological and sociological impacts of modern human communication
- Navigating the complex landscape of personal, political and corporate communications

SKILLS

- Determine the importance of contextual nuance and framing in communication
- Understand the power of media, especially social media, to influence social norms and change people's behaviour
- Assess the veracity of information in an era of mass-disinformation

CAREERS

- · Advocacy, government or NGO media coordinator
- · Media or public relations specialist
- · Policy or media research analyst
- Social media content strategist
- · Technical writer
- · Web content coordinator

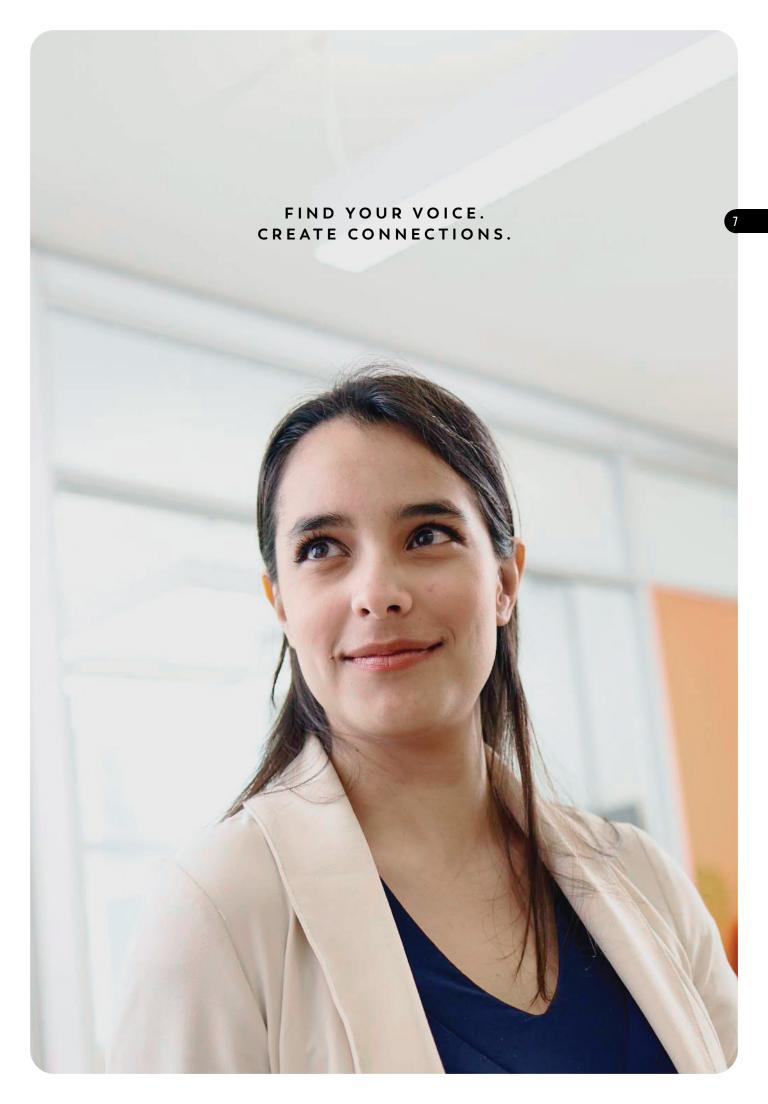
UNDERGRADUATE PROGRAMS

- · Certificate in Social Communication
- Honours B.A. with Major in Social Communication
- · Honours B.A. in Social Communication

SOME COURSES IN THIS AREA OF STUDY

- New Media
- Social Marketing
- Public Relations
- · Creating Media Programming
- · Electronic Journalism
- Psycho Sociology of Mass Communication





SCHOOL OF

ETHICS, SOCIAL JUSTICE AND PUBLIC SERVICE

Is making cannabis legal during a major opioid crisis a good idea? How can we justify subsidizing both the fight against climate change and industries that pollute? These contemporary issues both involve ethical dilemmas.

STUDYING ETHICS IS ABOUT:

- Deconstructing and understanding moral judgments
- Looking critically at the morality of policies, laws and rules that govern how we live together
- Finding ways to enhance the common good in a spirit of social justice

SKILLS

- Analyze complex political issues
- Find solutions to ethical problems
- · Recommend social inclusion strategies
- Look critically and constructively at major issues in society

"TRY SAINT PAUL! STAY OPEN. SO MANY GREAT THINGS HAPPEN HERE."

Chris Casimiro Graduate of the B.A. in Ethics and Contemporary Social Issues

CAREERS

- Humanitarian affairs officer for an international organization
- Ethics adviser for a city council
- Hospital ethicist
- · Gender equality adviser for a federal department
- · Possibility to study law

UNDERGRADUATE PROGRAMS

- · Certificate in Ethics and Contemporary Social Issues
- Honours B.A. with Major in Ethics and Contemporary Social Issues
- · Honours B.A. in Ethics and Contemporary Social Issues

SOME COURSES IN THIS AREA OF STUDY

- Environmental and Animal Ethics
- Ethics, Immigration and Multiculturalism
- · Feminist Ethics
- · Ethics, Al and Big Data

THINKING OF CONTINUING YOUR STUDIES?

The School of Ethics, Social Justice and Public Service also offers graduate programs.

TAKE A STAND. FIND THE SOLUTION.



FACULTY OF

THEOLOGY

Why is the world the way it is? What can we do to make it better?

What makes life meaningful (or meaningless)? What are the roots of the challenges facing society in the areas of technology, ecology or poverty?

How can I find what is good, find fulfillment in life and make a unique gift to society?

Can we speak rationally about God?

Faith influences and informs many practical aspects of life, so why not seek to understand it better? It can change your life and may even change your world.

STUDYING THEOLOGY IS ABOUT:

- Understanding in practical ways how everything in life is connected, including ethics, faith and social justice
- Discovering the basic factors that make the world the way it is, and how to make it better
- Acquiring the tools you need to live and work with integrity, creativity and insight

SKILLS

- Know how to discover what is good in difficult situations, even the most hopeless
- Know yourself and learn to think ethically, especially in the face of conflict, ambiguity and complexity
- Relate faith and life in practical, unexpected and world-changing ways

CAREERS

Studying in theology provides students with the creative and critical thinking skills required to pursue careers in:

- Business
- Law
- Public service
- · Health care
- Academia

UNDERGRADUATE PROGRAMS

Honours B.A. with Major in Faith, Ethics and Justice

SOME COURSES IN THIS AREA OF STUDY

- What Is Truth?
- · The Ethics of Medicine, Sickness and Health
- · Liturgy and Experience
- · Freedom, Law and Justice

THINKING OF CONTINUING YOUR STUDIES?

The Faculty of Theology also offers graduate diplomas, Master's and other programs.

Distinguish yourself.

A major in Theology is designed to complement studies in many other fields and can set you apart in a highly competitive job market.

FOR ITS GREAT CATHOLIC INTELLECTUAL TRADITION. ITS CONCERN FOR SOCIAL JUSTICE AND HUMANIZING SOCIETY.

ÉLISABETH-BRUYÈRE SCHOOL OF

SOCIAL INNOVATION

Are you someone who is engaged and likes action? Do you want to do your part to change the world? Are you looking for a university experience – the only one of its kind in Canada – that is geared to transforming society?

STUDYING SOCIAL INNOVATION IS ABOUT:

- Developing solutions to social problems in various sectors (housing, health, the fight against poverty, exclusion and discrimination)
- Mastering tools and methods that make organizations more democratic and more just
- Examining different forms of collective action from the perspective of the human sciences and management

SKILLS

- Understand a social problem that neither the state nor the market can address on its own, suggest a concrete solution and test the proposed solution on the ground
- Launch the project, track it and measure the results
- Design, implement and conclude your own social innovation project

CAREERS

- · Self-employed by a personal project
- · Director of a not-for-profit organization
- Project manager
- · Community organizer

UNDERGRADUATE PROGRAMMES

- · Certificate in Social Innovation
- Honours B.A. in Social Innovation

SOME COURSES IN THIS AREA OF STUDY

- · Management, Administration and Social Innovation
- Anti-Racist and Anti-Colonial Movements
- Ecology and Environmental Justice
- · Mobilization, Framing and Communication

THINKING OF CONTINUING YOUR STUDIES?

The School of Social Innovation also offers a graduate diploma in social organization development, as well as a Master's in social innovation. A doctoral program is currently in development.

By registering in the Élisabeth-Bruyère School of Social Innovation, you automatically become a member of the Mauril-Bélanger Social Innovation Workshop!

innovationsocialeusp.ca/atelier







SCHOOL OF

COUNSELLING, PSYCHOTHERAPY AND SPIRITUALITY

How should we go about getting others to open up to us? How can we identify difficult situations and which solutions to bring to them? How can we understand the complexity of the human spirit?

STUDYING HUMAN RELATIONS AND SPIRITUALITY IS ABOUT:

- Learning to master interpersonal communication and intervention techniques
- Becoming familiar with the development of the human spirit based on the culture of each person
- Exploring the different aspects of individual and collective behaviour

SKILLS

- Assess a situation (familial, organizational or other) and suggest how to approach it
- Directly support a specific group (couples, migrant workers, organizations, students, Indigenous women, single parents) and guide them to the appropriate resources
- Identify situations that could lead to suicide, addiction, prostitution, dropping out of school or delinquency

CAREERS

- · Youth counsellor in a mental health services centre
- · Community response officer in a school
- Safety and wellness manager for a humanitarian organization
- On-site facilitator in a centre for people with addictions

UNDERGRADUATE PROGRAMS

- · Certificate in Human Relations and Spirituality
- Honours B.A. with Major in Human Relations and Spirituality
- Honours B.A. in Human Relations and Spirituality

SOME COURSES IN THIS AREA OF STUDY

- · Perspectives on Psycho-Social Human Behaviour
- · Theories of Personality
- Psychology of Spiritual Experience
- Cultural Diversity and Religious Pluralism

THINKING OF CONTINUING YOUR STUDIES?

The School of Counselling, Psychotherapy and Spirituality also offers graduate programs.



SCHOOL OF

CONFLICT STUDIES

Are you empathetic?

Do you have good analytical skills?

Are you a critical thinker?

Are you good at solving complex problems?

STUDYING CONFLICT STUDIES IS ABOUT:

- Exploring conflicts at different levels (local, national and international)
- Addressing the political, psychological and social aspects of conflicts
- Learning the fundamentals of active listening, negotiation and mediation

SKILLS

- · Analyze the cause and evolution of conflicts
- Act as a third party in labour disputes, as well as within various organizations and communities
- Develop intervention strategies and support parties in resolving a conflict

CAREERS

- Arbiter in conflict management and resolution in a large organization
- International programs officer in a peace-building organization
- · Labour relations adviser for a Crown corporation
- Grievance and arbitration analyst in a professional association
- · Community organizer

UNDERGRADUATE PROGRAMS

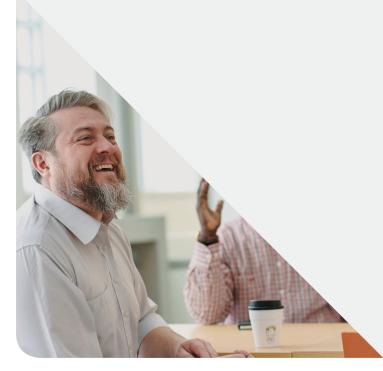
- · Certificate in Conflict Resolution
- · Honours B.A. with Major in Conflict Studies
- · Honours B.A. in Conflict Studies

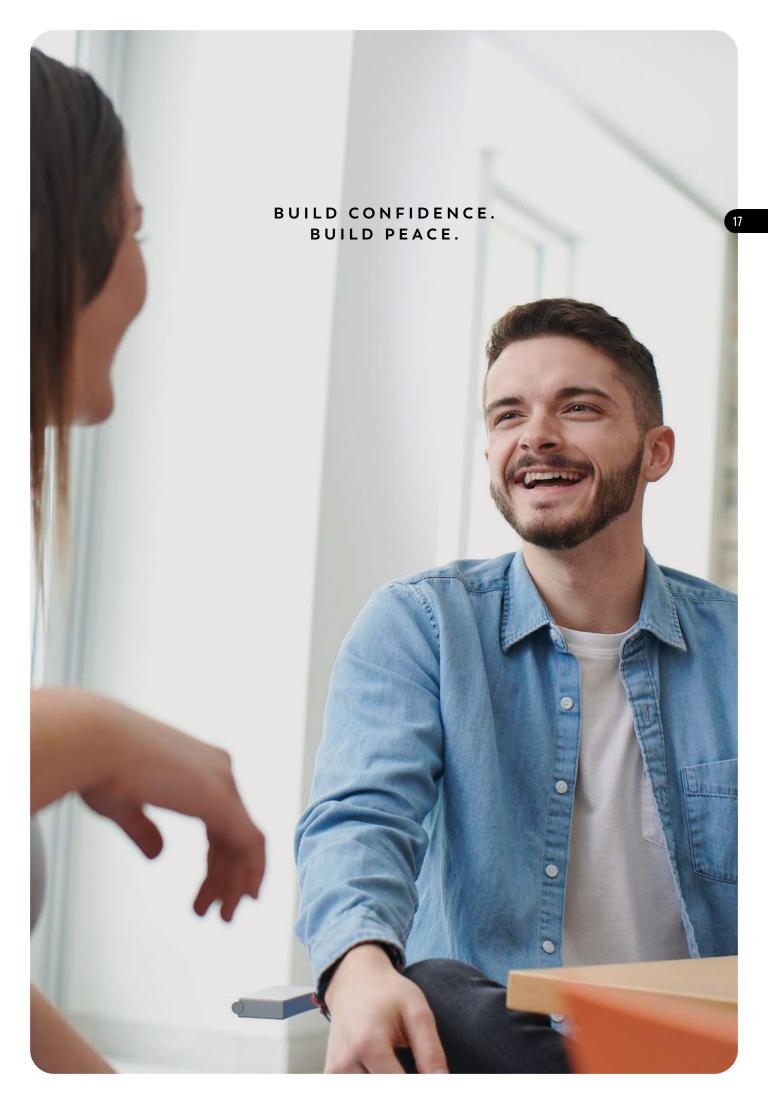
SOME COURSES IN THIS AREA OF STUDY

- · Causes and Dynamics of International Conflicts
- · Peaceful Resolution of Violent Conflict
- · Political Conflicts and Their Resolution
- · Gender Relations and Conflict

THINKING OF CONTINUING YOUR STUDIES?

The School of Conflict Studies also offers graduate programs.





OPEN TO THE WORLD

Education is going global! Choosing SPU means having a rewarding international experience, whether through taking part in an exchange, coming to study here from abroad or benefiting from the amazing cultural diversity of our student population and our staff.

MULTICULTURAL ENCOUNTERS

When you study at SPU, you open yourself up to the world. International students make up around 25% of the University's student population. They come from more than 100 different countries.

"THERE'S NOTHING LIKE AN INTERNATIONAL EXCHANGE TO MEET NEW PEOPLE, TRAVEL, GET TO KNOW A CULTURE AND DEEPEN YOUR UNDERSTANDING! IT WILL BE A SIGNIFICANT ASSET FOR MY CAREER."

Joa Bertille Kaneza

Graduate of the Honours B.A. in Conflict Studies, who spent a term at *Université catholique* de Lvon. France

SPEND A TERM OR TWO ABROAD

The International Office offers some 22 partnership agreements* with post-secondary institutions in 17 countries.

RESEARCH FROM HERE IS DISSEMINATED ABROAD

Every year, a number of professors deliver their research findings and give presentations around the world. Good reasons to be inspired by their academic work!

* SPU students can also benefit from partnership agreements offered through the University of Ottawa.

WHICH B.A. MEETS YOUR NEEDS?

HONOURS B.A.

The Honours B.A. is a degree conferred upon completion of 120 credits in a program of study that includes 60 credits in a particular discipline.

1 CONFLICT STUDIES

- 2 ETHICS AND CONTEMPORARY SOCIAL ISSUES
- HUMAN RELATIONS
 AND SPIRITUALITY
- 4 SOCIAL COMMUNICATION
- 5 SOCIAL INNOVATION

HAVING TROUBLE DECIDING? WE HAVE THE SOLUTION FOR YOU!

Choose one of the five Honours Bachelor of Arts degrees in one of the disciplines and, if you like, combine it with a minor in another discipline!

ONE EXCEPTION:

You cannot combine Conflict Studies with Human Relations and Spirituality.

NEW

Forty minors are available at the University of Ottawa. Visit **ustpaul.ca/minors-uOttawa** for details.

HONOURS B.A. WITH MAJOR

The Honours B.A. with Major is a degree conferred upon completion of 120 credits in a program of study that includes 42 credits in a particular discipline. The student must add a major or a minor to this B.A.

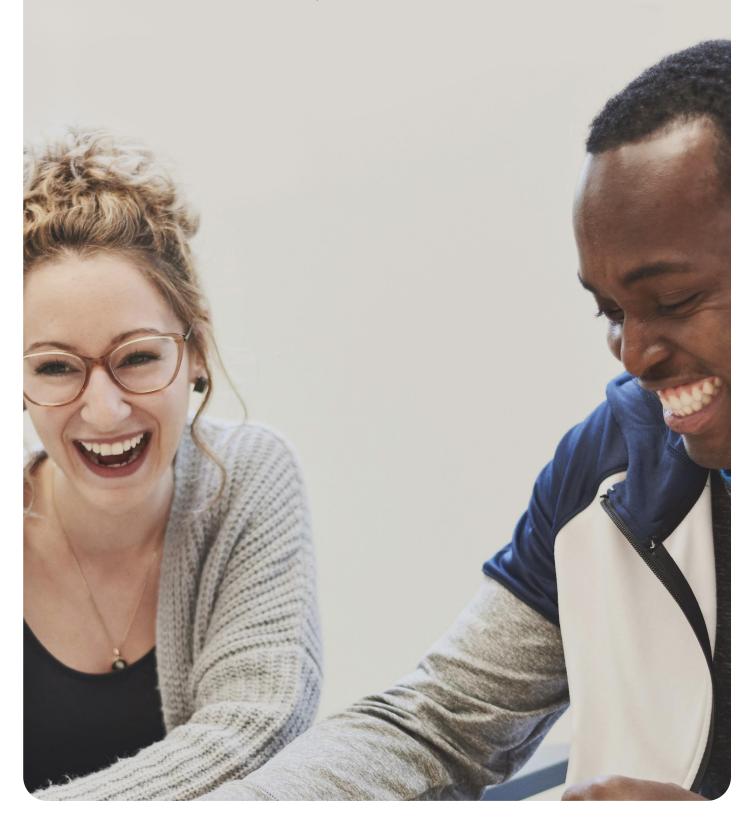
STEP 1: Choose your major

- 1 CONFLICT STUDIES
- 2 ETHICS AND CONTEMPORARY SOCIAL ISSUES
- FAITH, ETHICS AND JUSTICE
- 4 HUMAN RELATIONS
 AND SPIRITUALITY
- 5 SOCIAL COMMUNICATION

STEP 2: Combine this program with a major or a minor. Here are the different options

| MINORS/MAJORS | | 1 | 2 | 3 | 4 | 5 |
|---------------|---------------------------------------|------------|------------|------------|------------|------------|
| + | CONFLICT STUDIES | N.A. | \bigcirc | \bigcirc | \bigcirc | \bigcirc |
| + | ETHICS AND CONTEMPORARY SOCIAL ISSUES | ⊘ | N.A. | ⊘ | \bigcirc | \bigcirc |
| + | FAITH, ETHICS AND JUSTICE | \bigcirc | \bigcirc | N.A. | \bigcirc | \bigcirc |
| + | HUMAN RELATIONS AND SPIRITUALITY | \bigcirc | \bigcirc | \bigcirc | N.A. | \bigcirc |
| + | SOCIAL COMMUNICATION | \bigcirc | \bigcirc | \bigcirc | \bigcirc | N.A. |
| + | SOCIAL INNOVATION (minor only) | \bigcirc | \bigcirc | \bigcirc | \bigcirc | ⊘ |
| + | MINORS AT uOTTAWA | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc |

THE JEAN-LÉON ALLIE LIBRARY OFFERS COLLABORATIVE SPACES, INDIVIDUAL STUDY ROOMS, 1.5 MILLION ELECTRONIC PUBLICATIONS AND SOME 30,000 RARE BOOKS.



SERVICES AT SPU

JEAN-LÉON ALLIE LIBRARY AND ARCHIVES

SPU's research and workspace *par excellence*, the Jean-Léon Allie Library and Archives, is a newly renovated learning commons.

The learning commons brings together a number of services, including

- Writing help
- Counselling
- Orientation
- · Time management workshop

INDIGENOUS INITIATIVES SERVICE

The Service works to create a safe and appropriate space to support Indigenous students (First Nations [status and non-status], Métis and Inuit) throughout their academic journey. To stay up to date with the latest news, be sure to visit

ustpaul.ca/indigenousinitiatives.

CAFÉ URBAN

It's all fresh! SPU is the only university in the region that exclusively offers healthy fare prepared on site using unprocessed ingredients. Our chef even stocks up in our community garden. Locavores, grab your forks!

THE OASIS

Welcome, serve and celebrate: these are the fundamental values of Pastoral Services. The Oasis offers a range of activities: yoga, music, collective kitchen, spiritual support, volunteer activities, liturgical celebrations and more. There is even a quiet room for silent reflection.

RESIDENCE

The campus residence includes 77 bright and fully furnished suites. To learn more or to take a virtual tour, visit **saintpaulresidence.ca**.

THE BEST OF BOTH WORLDS

As an SPU student, you also have access to University of Ottawa services:

- Health services (walk-in clinic, physiotherapy and massage therapy, immunizations, mental health services and more)
- Student Academic Success Service
- Courses
- · Intercampus shuttle
- · Sports facilities
- Library
- · Sports teams (Go Gee-Gees Go!)



INTERNSHIP OFFICE

LEARNING THROUGH EXPERIENCE

Students can participate in internships as part of their undergraduate program.

The Internship Office assists students with

- · Preparing for an internship
- Finding internship sites
- Facilitating partnerships with organizations

CAREER SERVICES

SPU students also have access to a number of services to help them develop a competitive edge as they enter the workforce, including

- Individual career consultations
- Professional development workshops (e.g., writing a CV, networking and interview skills)
- Career fairs
- Employer presentations
- Mentorship opportunities

LET'S TALK MONEY

ADMISSION SCHOLARSHIPS

Q. Who can get a scholarship?

- A. Canadian citizens, permanent residents and international students coming from a recognized high school or college.
- Q. What kinds of scholarships are offered?
- A. Students can benefit from admission scholarships, excellence scholarships, external scholarships, travel grants and much more! Visit ustpaul.ca/admissionscholarship for more information.

HOW MUCH DOES IT COST?

We may not have a huge campus or a football team, but we offer what matters: a quality education and tuition fees that are among the most competitive in Ontario.

SEVERAL FACTORS WILL AFFECT THE COST OF YOUR STUDIES:

- Your status (full-time or part-time)
- · Your program
- · Your legal status in Canada

For more information, visit **ustpaul.ca/tuitionfees**

PAY FOR YOUR STUDIES

Did you know that by registering at SPU, you can receive loans and scholarships? Check it out: you have nothing to lose!

- Ontario Student Assistance Program (OSAP)
- · Quebec Loans and Bursaries Program (AFE)
- Student Financial Assistance Government of Canada

SAINT PAUL UNIVERSITY
OFFERS MORE THAN \$750,000 IN
SCHOLARSHIPS EVERY YEAR. FIND
OUT HOW YOU CAN BENEFIT AT

ustpaul.ca/admissionscholarship

ADMISSION CRITERIA

HIGH SCHOOL STUDENTS

ONTARIO

- Have an Ontario Secondary School Diploma (OSSD) with at least six 4U- or 4M-level courses, including one course in English or français at the 4U-level
- Have an average of at least 70%

QUEBEC

- Have a Secondary School Diploma that includes a Secondary V course in English or français
- Have an average of at least 84% in five courses, including the language course

OTHER PROVINCES

- Have a Secondary School Diploma, including one course in English or français at the Grade 12 level
- Have an average of at least 70%

INTERNATIONAL STUDENT

- Have a diploma attesting to 12 years of education equivalent to the OSSD
- · Pass a language proficiency test, if required

For all questions about immigration or housing, to find out how to get your bearings in Ottawa, or to receive financial advice, contact the International Office at international@ustpaul.ca



COLLEGE STUDENTS

STUDENT FROM AN ONTARIO COLLEGE OF APPLIED ARTS AND TECHNOLOGY (CAAT)

CONDITIONS:

- Have done one year of studies at a CAAT
- Have an OSSD with one language course (English or français) at the college or 4U level

EQUIVALENCIES:

Thanks to our transfer agreements, if you have studied for two or three years at a CAAT, you can obtain 30 credits, perhaps up to 60 credits, and complete your B.A. in two years.

Visit ustpaul.ca/transfer-agreements

CEGEP STUDENT

CONDITION:

 Have completed 12 courses of general studies (excluding physical education and refresher courses), including one course in English (603) or français (601)

EQUIVALENCIES:

Thanks to our transfer agreements, you can obtain up to 30 credits, and even up to 60 credits, and therefore finish your B.A. in two years.

STUDENT FROM ANOTHER CANADIAN PROVINCE OR TERRITORY OR FROM ABROAD

We will review your application based on your previous secondary and post-secondary studies.

EQUIVALENCIES:

Depending on your previous studies and the program selected, you could receive some credits.

MATURE APPLICANTS

If your application does not meet the admission criteria, you can apply as a mature applicant.

CONDITIONS:

- Have not been enrolled in full-time studies for at least two consecutive years
- Have experience that is considered sufficient preparation for pursuing undergraduate studies



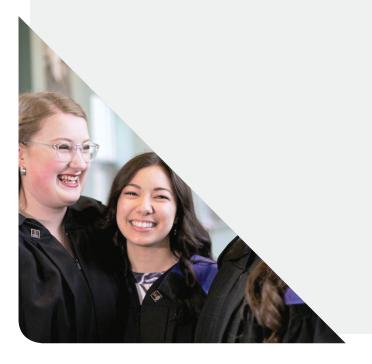
COLLEGE TRANSFER AGREEMENTS

"WHEN I GRADUATED FROM COLLEGE, I BEGAN MY STUDIES AT SAINT PAUL UNIVERSITY IN SEPTEMBER OF THE SAME YEAR. ALMOST A SCHOOL YEAR HAS PASSED AND I CAN'T BELIEVE I'M GOING TO GRADUATE NEXT YEAR!

IN ADDITION TO LOVING MY PROGRAM, SPU HAS GIVEN ME THE OPPORTUNITY TO ADD VALUE TO MY COLLEGE DIPLOMA. IT'S NEVER TOO LATE TO TAKE ADVANTAGE OF A NEW OPPORTUNITY."

Christelle Mukunda

3rd year student in the Honours B.A. in Conflict Studies



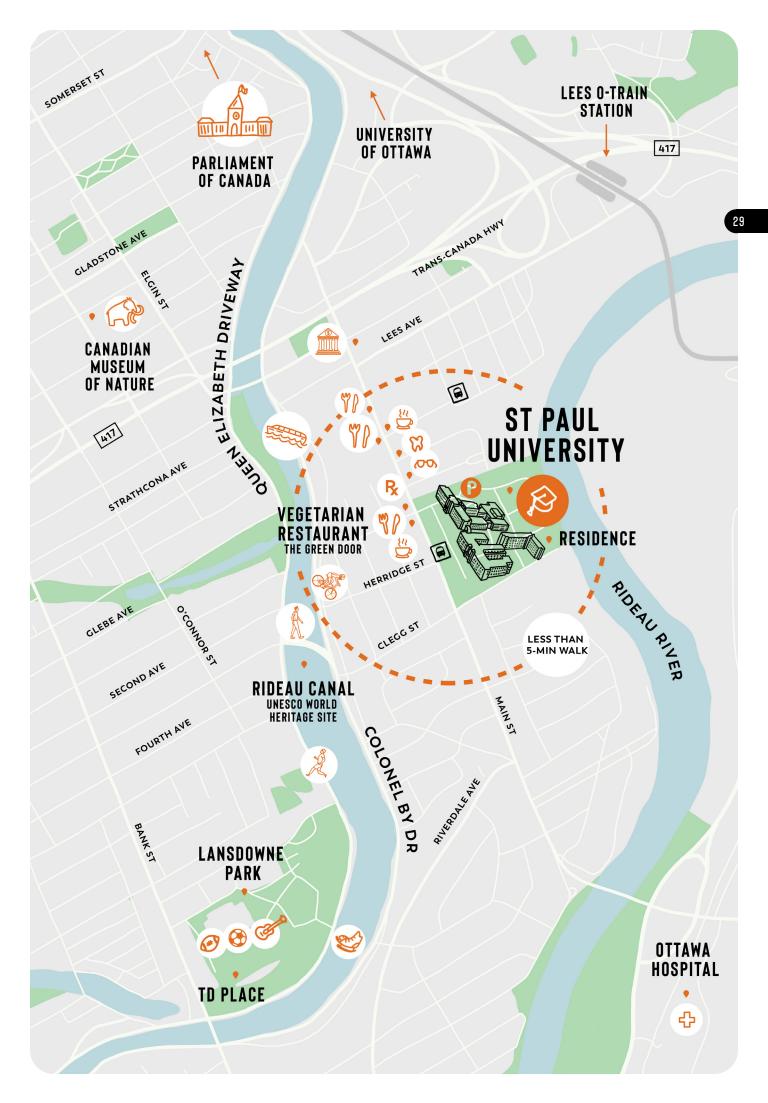
APPLY YOUR CREDITS TO YOUR UNDERGRADUATE PROGRAM AND EARN YOUR B.A. IN LESS TIME!

SPU currently has transfer agreements with the following institutions:

- · Algonquin College
- · Augustine College
- · Cégep de l'Outaouais
- · Cégep du Vieux Montréal
- Collège Boréal
- Collège communautaire du Nouveau-Brunswick
- · Collège Universel Campus Gatineau
- · Heritage College
- La Cité
- St. Lawrence College
- · And more to come!

For more information, visit

ustpaul.ca/transfer-agreements



READY TO TAKE THE PLUNGE?

CHOOSE YOUR PROGRAM OF STUDY

- Make sure you meet the admission criteria
- 2. Check the admission deadlines
- 3. Submit your application

ARE YOU APPLYING ONLY TO SPU?

Complete the form at ustpaul.ca/applicationAdmission.php

ARE YOU APPLYING TO MORE THAN ONE ONTARIO UNIVERSITY?

Complete the Ontario Universities' Application Centre (OUAC) application form at **ouac.on.ca**

IMPORTANT: Because Saint Paul is federated with the University of Ottawa, you will find the programs offered at SPU in the University of Ottawa section of the OUAC website.

COME AND MEET US

LET'S KEEP IN TOUCH!

recrutement-recruitment@ustpaul.ca

613-236-1393 / toll-free: 1-800-637-6859

Our friendly guides will be pleased to offer you coffee or tea, show you everything our campus has to offer you, and talk to you about the program that interests you.

WHEN: Monday to Friday, between 9:00 a.m. and 3:00 p.m., all year long (except for statutory holidays).

ustpaul.ca/meetus

31

GRADUATE STUDIES

DID YOU KNOW...

APPROXIMATELY 40% OF OUR ALUMNI GO ON TO PURSUE GRADUATE STUDIES AT SPU.

With more than 20 graduate programs offered, there are a variety of options to research, explore ideas and expand your knowledge.

ALUMNI OFFICE

THE PERKS DON'T END WITH GRADUATION!

SPU Alumni have access to a number of benefits, including

- · Access to SPU's alumni network
- · Discounts on home and auto insurance
- Ongoing access to the Jean-Léon Allie Library and Archives
- · And more!

To learn more about what it means to be an SPU alumni, visit **ustpaul.ca/ado**.



NOTES