

**Dr. Stan Tatkin** PsyD, MFT, is a clinician, researcher, teacher, and developer of A Psychobiological Approach to Couple Therapy (PACT®). He has a clinical practice in Calabasas, CA, and developed the PACT Institute for the purpose of training other psychotherapists to use this method in their clinical practice.

In addition, Dr. Tatkin teaches and supervises family medicine residents at Kaiser Permanente, Woodland Hills, CA, and is an assistant clinical professor at the UCLA David Geffen School of Medicine, Department of Family Medicine. Dr. Tatkin is on the board of directors of Lifespan Learning Institute and serves as a member on Relationships First Counsel, a nonprofit organization founded by Harville Hendrix and Helon LaKelly Hunt.

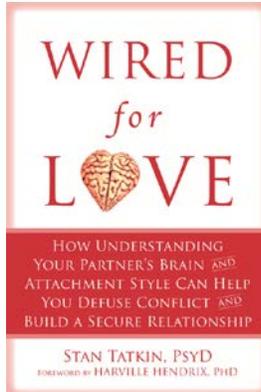


Dr. Tatkin received his early training in developmental object relations (Masterson Institute), Gestalt, psychodrama, and family systems theory. His private practice specialized for some time in treating adolescents and adults with personality disorders. More recently, his interests turned to psycho-neurobiological theories of human relationship, and applying principles of early mother-infant attachment to adult romantic relationships.

Dr. Tatkin was a primary inpatient group therapist at the John Bradshaw Center, where among other things, he taught mindfulness to patients and staff. He was trained in Vipassana meditation by Shinzen Young, and was an experienced facilitator in Vipassana. He was also trained by David Reynolds in two Japanese forms of psychotherapy, Morita and Naikan. Dr. Tatkin was clinical director of Charter Hospital's intensive outpatient drug and alcohol program, and is a former president of the California Association of Marriage and Family Therapists, Ventura County chapter. He is a veteran member of Allan N. Schore's study group. He also trained in the Adult Attachment Interview through Mary Main and Erik Hesse's program out of UC Berkeley.



Stan Tatkin and his wife, Tracey Boldemann-Tatkin, developed the PACT Institute to train clinicians in A Psychobiological Approach to Couple Therapy (PACT®). A fusion of attachment theory, developmental neuroscience, and arousal regulation, PACT is quickly gaining a reputation for effectively treating couples formerly thought of as untreatable. The PACT Institute hosts trainings in seven US cities as well as in Australia, Canada, Spain, and Turkey.



**Wired for Love: How Understanding Your Partner's Brain and Attachment Style Can Help You Defuse Conflict and Build a Secure Relationship**

**Publisher:** New Harbinger Publications (January 2, 2012)

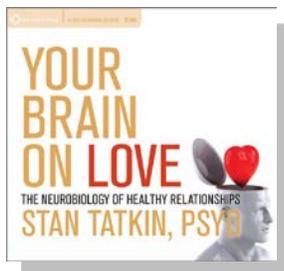
**ISBN-13:** 978-1608820580

*Wired for Love* is a complete insider's guide to understanding your partner's brain and enjoying a romantic relationship built on love and trust. Synthesizing research findings on how and why love lasts—drawn from neuroscience, attachment theory, and emotion regulation—this book presents ten guiding principles that can improve any relationship.

Couples will find they can strengthen their relationship by:

- Creating and maintaining a safe “couple bubble”
- Using morning and evening rituals to stay connected
- Learning to fight so that nobody loses
- Becoming the expert on what makes your partner feel loved

By learning to use simple gestures and words, readers can learn to put out emotional fires and help their partners feel more safe and secure. The no-fault view of conflict in this book encourages readers to move past a "warring brain" mentality and toward a more cooperative "loving brain" understanding of the relationship. This book is essential reading for couples and others interested in understanding the complex dynamics at work behind love and trust in intimate relationships. While there's no doubt that love is an inexact science, if you can discover how you and your partner are wired differently, you can overcome your differences to create a lasting intimate connection.



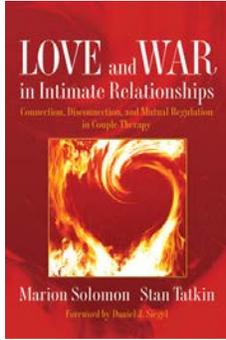
**Your Brain on Love: The Neurobiology of Healthy Relationships**

**Publisher:** Sounds True 6-CD Audio Learning Course; 1 edition (July 1, 2013)

**ISBN-13:** 978-1604079685

"Understand your brain, improve your relationships." That's what Stan Tatkin has learned from his leading-edge work as a researcher and couple therapist. In this complete audio learning program, he merges

current insights from neurobiology and attachment theory to help us shift out of conflict and into deeper and more loving connections. Listeners first learn to identify attachment styles—the patterns of intimacy that begin in our earliest years—both in ourselves and in those around us. Then Tatkin guides us through his proven principles and practices for building enduring security and commitment between couples, family members, and others whom we love.



**Love and War in Intimate Relationships: Connection, Disconnection, and Mutual Regulation in Couple Therapy (Norton Series on Interpersonal Neurobiology) Publisher: Norton (April 11, 2011)**  
**ISBN-13: 978-0393705751**

**Neuroscience and couple therapy come together to help couples break patterns of bad behavior.**

What happens between partners that makes love turn to war? How can couple therapists help deescalate the battles? Two leading therapists apply the latest neuroscience research on emotional arousal to help couples regulate each other's emotions; maintain secure attachment; and foster positive, enduring relationships. The neurobiologically grounded and sensitive approach set forth by Solomon and Tatkin in this book is sure to transform the way clinicians understand and treat couples in therapy.