UNDERGRADUATE STUDIES

GROUP INTERVENTION AND LEADERSHIP (COMPLEMENTARY MINOR)



UNIVERSITÉ SAINT-PAUL UNIVERSITY

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General Information

A complementary minor is taken in addition to a student's main program. There is no direct admission in a complementary program; the choice is made after admission and registration in a bachelor program.

PROGRAM REQUIREMENTS

Compulsory Courses (9 credits)

» IGL1103 Introduction to Group Dynamics
» IGL2136 Group Intervention Lab 1
» IGL2138 Group Intervention Lab 2

Optional Courses (21 credits)

15 credits from:

» IGL2109 Group Interventions and their Links with Psychology
» IGL2118 Personal Dynamics
» IGL2121 Group Leadership
» IGL2126 Group Intervention and Active Listening
» IGL2134 Community-Based Leadership
» IGL2137 Planning and Leading Group Intervention Projects
» IGL2141 Adult Learning, Development and Leadership

6 credits from:

» IGL3104 Guided Readings
» IGL3112 The Spiritual Dimensions of Leadership and Group Facilitation
» IGL3119 Change Management in Organizations
» IGL3129 Organizations and Leadership
» IGL3140 Practicum 1: Initiation to Group Intervention in Organizations

Some courses have specific prerequisites.

A course that is part of a bachelor degree or a major cannot count as an optional course toward a minor.

COURSES

IGL 2109 - GROUP INTERVENTIONS AND THEIR LINKS WITH PSYCHOLOGY

Presentation of various approaches in psychology. Theories of personality (psycho-analysis, behaviourism, etc.) and their links with group intervention and leadership. Particular attention is paid to the humanist model.

This course was previously ANI2109.

IGL 2118 - PERSONAL DYNAMICS

This course promotes the development of personal and interpersonal skills that will be useful in the efficient guiding of groups. In this course will be developed one or the other of the humanist models: gestalt, transactional analysis, bio-energy, etc.

This course was previously ANI2118.

IGL 2121 - GROUP LEADERSHIP

This course defines various concepts: leadership, authority, membership, power, influence. It identifies the various types of leadership within a group. Through situational exercises, the course proposes various models to analyze and adjust one's leadership style to the context and to the desired outcomes.

This course was previously ANI2121.

IGL 2134 - COMMUNITY-BASED LEADERSHIP

This course is an introduction to critical analysis and reflection on the social and community bases of our society. The student is made familiar with the various approaches and methodologies that have been developed. An introduction to collective intervention methodology (awareness-raising, empowerment, concerted actions, advocacy, etc.) will be presented. The course will provide an opportunity to make contact with community organizations.

This course was previously ANI2134.

IGL 2136 - GROUP INTERVENTION LAB 1

Exploration and practice of basic group participatory processes and techniques. In-class filming of facilitation practices. Participation, facilitation and observation skills are developed as well the ability to observe, and to provide and receive insightful feedback.

Prerequisite or concomitant: IGL1103. This course was previously ANI2136.

IGL 2137 - PLANNING AND LEADING GROUP INTERVENTION PROJECTS

Step-by-step learning of group project planning and realization: situational analysis, mission review, determination of priorities, goal-writing, resource evaluation, action plan, realization, monitoring and evaluation. Decision-making techniques are experimented with.

Prerequisite or concomitant: IGL2136. This course was previously ANI2137.

IGL 2138 - GROUP INTERVENTION LAB 2

Reflection on group intervention and leadership practices and outcomes. Reflection on personal values and their potential impact on groups. Exploration and practice of advanced group participatory processes and techniques.

Prerequisite: IGL2136. This course was previously ANI2138.

IGL 2141 - ADULT LEARNING, DEVELOPMENT AND LEADERSHIP

Introduction to the basic principles of adult education such as the specific aspects of adult learning, its developmental phases, recognition of its specific needs. These concepts are applied in group intervention and leadership situations with various clients. Case studies and role plays integrate theory into practice.

This course was previously ANI2141.

IGL 3104 - GUIDED READINGS

Supervised personal project. Starting from personal or professional needs, the student will be able to research in-depth a theme allowing him or her to work on certain issues or to develop particular interests in the field of group interventions. These readings are done in close collaboration with a faculty member. The student registering in this course commits to active research in the chosen field.

This course was previously ANI3104.

IGL 3119 - CHANGE MANAGEMENT IN ORGANIZATIONS

This training allows the student to learn how to identify and understand group dynamics and its evolution, and to study the impact of change on the group, including lack of motivation, conflicts and lack of cohesion. Applications to various clienteles may be explored.

Prerequisites: IGL1103 and IGL 2136. This course was previously ANI3119.

IGL 3129 - ORGANIZATIONS AND LEADERSHIP

Strategic planning methods that guide business and non-profit organizations in charting a future direction are presented. Students learn to facilitate big picture strategy development and to plan a successful strategic planning retreat. Topics include facilitation of mission, vision and values statements, situation analysis including competitive assessment, and the alignment of project planning with high level planning.

Prerequisite: IGL2138. This course was previously ANI3129.

IGL 3140 - PRACTICUM 1: INITIATION TO GROUP INTERVENTION IN ORGANIZATIONS

This practical training allows the student to observe how actual facilitation of groups is done, by pairing with a *mentor* who has a background in the field. Group and individual meetings give the opportunity to discuss and evaluate the knowledge, the know-how and the interpersonal presence involved in this practice.

Prerequisite: IGL 2136. This course was previously ANI3140.

IPA 1123 - INTRODUCTION TO GROUP DYNAMICS

This course initiates participants to the group phenomenon and to different fundamental concepts, such as group typology, elements of group dynamics, as well as conditions and factors that are part of interpersonal and group communication. Participants learn to be aware of the quality of their participation and to develop their capacity to observe and to interact.

This course was previously HUM1103 and IGL1103.

IPA 2128 - GROUP INTERVENTION AND ACTIVE LISTENING

Focus on the active listening model as applied to group intervention and leadership. Listening skills for interpersonal and group situations such as empathy, congruence, paraphrasing, reflecting, feedback, questioning, process.

This course was previously ANI2126 and IGL2126.

IPA 3126 - THE SPIRITUAL DIMENSIONS OF LEADERSHIP AND GROUP FACILITATION

Deepening of one's conception of spirituality and presentation of various guiding methods adapted to personal development groups: self-training, support group meetings, life experience analysis and planned action. Community cooperation and psychosocial basics are addressed.

This course was previously ANI3112 and IGL3112.